

# **C.J.S. Hayward in Under 99 Pages**

From the "Best Works" series

CJS Hayward

CJS Hayward Publications, Wheaton

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# Introduction

For those of you not familiar with me, my name is Christos Jonathan Seth Hayward, which has been abbreviated on Facebook to “CSH,” meaning “C.S. Hayward,” and reading Lewis at length has *formed* me as a writer more than anything else.

I am a prolific writer across many different genres, and my complete works amount to eleven volumes of several hundreds of pages each. Which is to say, you will not likely run out of works I’ve written.

Almost all of my titles are collections, meaning that they’re not necessarily intended to be read from cover to cover; they are meant to allow sampling, in almost any order, and you can read 25% and call it victory.

However, it has been gently pointed out to me that most readers do not want to tackle a seven hundred page book, and so I tried here to do something else I thought you might appreciate: gather together just a few of my very best works. And do it all in under 99 pages.

I hope this book may be profitable to you, and open the door to wanting to read some of my other books.





# Introduction to “The Angelic Letters”

C.S. Lewis's most famous work was *The Screwtape Letters*, in which he wrote a series of letters from a senior devil to a junior devil, mentoring him on how to tempt a young man. He mentioned a possibility others raised, of an inversion of that work in which a senior angel mentors a junior angel on how to care for a young man, but he said he did not see how it would be possible to write such a work.

*It is in fact possible, and it is here for you to read.*

# The Angelic Letters

*My dearly beloved son Eukairos;*

I am writing to you concerning the inestimable responsibility and priceless charge who has been entrusted to you. You have been appointed guardian an\*gel to one Mark.

Who is Mark, whose patron is St. Mark of Ephesus? A man. What then is man? Microcosm and mediator, the midpoint of Creation, and the fulcrum for its sanctification. Created in the image of God; created to be prophet, priest, and king. It is toxic for man to know too much of his beauty at once, but it is also toxic for man to know too much of his sin at once. For he is mired in sin and passion, and in prayer and deed offer what help you can for the snares all about him. Keep a watchful eye out for his physical situation, urge great persistence in the liturgical and the sacramental life of the Church that he gives such godly participation, and watch for his ascesis with every eye you have. Rightly, when we understand what injures a man, nothing can injure the man who does not injure himself: but it is treacherously easy for a man to injure himself. Do watch over him and offer what help you can.

With Eternal Light and Love,



Your Fellow-Servant and Angel

---

*My dear son Eukairos;*

I would see it fitting to offer a word about medicating experience and medicating existence.

When one of the race of men medicates experience by means of wine, that is called drunkenness. When by means of the pleasures of the palate, that is called gluttony. When by means of other pleasures, it is called lust. When by means of possessions and getting things, it is called avarice. Escapism is an ancient vice and a root of all manner of evils: ancient Christians were warned strongly against attempting to escape this world by medicating experience.

Not that pleasure is the only way; medicating experience by mental gymnastics is called metaphysics in the occult sense, and medicating experience by means of technology is a serious danger.

Not all technologies, and perhaps not any technology, is automatically a problem to use. But when technologies become a drone they are a problem. Turning on a radio for traffic and weather news, and then turning it off, is not a drone. Listening to the radio at a particular time to devote your attention to a concert is not a drone. Turning on a radio in the background while you work is a drone; even *Zen and the Art of the Motorcycle Maintenance* discusses what is wrong with mechanics having the radio on in the background. And texting to get specific information or coordinate with someone is not a drone, but a stream of text messages that is always on is a drone. Technology has its uses, but when technology is a drone, noise in the background that prevents silence from getting too uncomfortable, then it is a spiritual problem, a tool to medicate experience. And there are some technologies, like video games, that *exist* to medicate experience.

(Of course, technologies are not the only drone; when

Mark buckles down to prayer he discovers that his mind is a drone with a stream of thoughts that are a life's work to quiet.)

More could be said about technologies, but my point here is to point out one of the dangers Mark faces. Not the only one, by any means, but he has at his disposal some very powerful tools for doing things that are detrimental. It's not just a steady stream of X-rated spam that puts temptation at his fingertips. He has all the old ways to medicate experience, and quite a few powerful technologies that can help him medicate his experience as well. And for that he needs prayer.

But what is to be done? The *ways* of medicating experience may be in some measure than many saints have contended with; the *answer* is the same. Don't find another way to medicate experience, or escape the conditions God has placed you in, trying to escape to Paradise. Don't ask for an easier load, but tougher muscles. Instead of escaping the silence, engage it. *Prayerfully* engage it. If your dear Mark does this, after repenting and despairing of finding a way to escape and create Paradise, he will find that escape is not needed, and Paradise, like the absent-minded Professor's lost spectacles, were not in any of the strange places he looked but on his nose the whole time.

A man does not usually wean himself of drones in one fell swoop, but pray and draw your precious charge to cut back, to let go of another way of medicating experience even if it is very small, and to seek not a lighter load but a stronger back. If he weans himself of noise that medicates uncomfortable silence, he might find that silence is not what he fears.

Watch after Mark, and hold him in prayer.

Your Dearly Loving Elder,  
Your Fellow-Servant,  
But a Wind and a Flame of Fire

---

*My dear, dear Eukairos;*

When fingers that are numb from icy cold come into a warm, warm house, it stings.

You say that the precious treasure entrusted to you prayed, in an uncomfortable silence, not for a lighter load but for a stronger back, and that he was fearful and almost despairing in his prayer. And you wonder why he looks down on himself for that. Do not deprive him of his treasure by showing him how much good he is done.

He has awakened a little, and I would have you do all in your power to show him the silence of Heaven, however little he can receive it yet. You know some theologians speak of a river of fire, where in one image among others, the Light of Heaven and the fire of Hell are the same thing: not because good and evil are one, but because God can only give himself, the uncreated Light, in love to his creatures, and those in Hell are twisted through the rejection of Christ so that the Light of Heaven is to them the fire of Hell. The silence of Heaven is something like this; silence is of Heaven and there is nothing to replace it, but to those not yet able to bear joy, the silence is an uncomfortable silence. It is a bit like the Light of Heaven as it is experienced by those who reject it.

Help Mark in any way you can to taste the silence of Heaven as joy. Help him to hear the silence that is echoed in the Church's chanting: when he seeks a stronger back to bear silence, strengthen his back, and help him to taste the silence not as bitter but sweet. Where noise and drones would anaesthetize his pain, pull him *through* his pain to health, wholeness, and joy.

The Physician is at work!

With Eternal Light and Love,  
Your Fellow-Servant and Angel

*Dear blessed Eukairos;*

Your charge has had a fall. Do your best that this not be the last word: help him get up. Right now he believes the things of God are not for those like him.

The details of the fall I will not treat here, but suffice it to say that when someone begins to wake up, the devils are furious. They are often given permission to test the awakening man, and often he falls. And you know how the devils are: before a fall, they say that God is easy-going and forgiving, and after a fall, that God is inexorable. Do your best to aid a person being seduced with the lie that God is inexorable.

Mark believes himself unfit for the service of the Kingdom. Very well, and in fact he *is*, but it is the special delight of the King to work in and through men who have made themselves unfit for his service. Don't brush away a mite of his humility as one fallen, but show him what he cannot believe, that God wishes to work through him now as much as *ever* And that God wishes for him prayer, liturgy, sacrament..

And open his eyes now, a hint here, a moment of joy there: open them that eternity is now: eternal life is not something that begins after he dies, but that takes root now, and takes root even (or rather, *especially*) in those who repent. He considers himself unworthy of both Heaven and earth, and he *is*; therefore, in God's grace, give him both Heaven and earth. Open up earth as an icon, a window to Heaven, and draw him to share in the uncreated Light and Life.

Open up his repentance; it is a window to Heaven.

In Light and Life and Love,  
Your Brother Angel

---

*My dear fellow-ministering angel;*

I would make a few remarks on those windows of Heaven called icons.

To Mark, depending on the sense of the word 'window', a 'window' is an opening in a wall with a glass divider, or alternately the 'window' is the glass divider separating inside from outside. But this is not the exact understanding when Orthodox say an icon is a window of Heaven; it is more like what he would understand by an open window, where wind blows, and inside and outside meet. (In most of human history, a window fitted with glass was the exception, not the rule.) If an icon is a window of Heaven, it is an opening to Heaven, or an opening between Heaven and earth.

Now Mark does not understand this, and while you may draw him to begin to sense this, that is not the point. In *The Way of the Pilgrim*, a man speaks who was given the sacred Gospels in an old, hard-to-understand book, and was told by the priest, "Never mind if you do not understand what you are reading. *The devils will understand it.*" Perhaps, to Mark, icons are still somewhat odd pictures with strange postures and proportions. You may, if you want, help him see that there is perspective in the icons, but instead of the usual perspective of people in their own world, it is reverse perspective whose vanishing point lies behind him because Mark is in the picture. But instead of focusing on correcting his understanding, and certainly correcting his understanding all at once, draw him to venerate and look at these openings of Heaven. Never mind if he does not fully grasp the icons he venerates. *The devils will understand.*

And that is true of a great many things in life; draw Mark to participate in faith and obedience. He expects to understand first and participate second, but he needs to come to a point of participating first and understanding second. Many things need to start on the outside and work inwards.

Serving Christ,  
Whose Incarnation Unfurls in Holy Icons,  
Your Fellow

---

*Dear cherished, luminous son;*

Your charge is reading a good many books. Most of them are good, but I urge you to spur him to higher things.

It is a seemingly natural expression of love to try to know as much about possible about Orthodoxy. But mature Orthodox usually spend less time trying to understand Orthodoxy through books. And this is *not* because they have learned everything there is to learn. (That would be impossible.) Rather, it is because they've found a deeper place to dig.

God does not want Mark to be educated and have an educated mind. He wants him to have an enlightened mind. The Orthodox man is not supposed to have good thoughts in prayer, but to have no thoughts. The Orthodox settled on the path have a clear mind that is enlightened in hesychastic silence. And it is better to sit in the silence of Heaven than read the Gospel as something to analyze.

Books have a place. Homilies have a place. But they are one shadow of the silence of Heaven. And there are more important things in the faith, such as fasting and almsgiving, repentance and confession, and prayer, the crowning jewel of all asceticism. Give Mark all of these gems.

With Deep Affection,  
Your Brother Angel

---

*My dearly beloved, cherished fellow angel Eukairos;*

Your charge Mark has been robbed.

Your priceless charge Mark has been robbed, and I am concerned.

He is also concerned about a great many things: his fear now, which is understandable, and his concerns about where money may come from, and his loss of an expensive smartphone and a beautiful pocketwatch with sentimental as well as financial value to him, and his inconvenience while waiting on new credit cards.

There are more concerns where those came from, but I am concerned because he is concerned about the wrong things. He has well over a week's food in his fridge and he believes that God failed to provide. Mark does not understand that *everything that happens to a man is either a temptation God allowed for his strengthening, or a blessing from God*. I am concerned that after God has allowed this, among other reasons so Mark can get his priorities straight, he is doing everything but seeking in this an opportunity for spiritual growth to greater maturity.

If you were a human employee, this would be the time for you to be punching in *lots* of overtime. Never mind that he thinks unconsciously that you and God have both deserted him; your strengthening hand has been invisible to him. I do not condemn you for any of this, but this time has been appointed for him to have opportunities for growth and for you to be working with him, and the fact that he does not seek growth in this trial is only reason for you to work all the harder. That he is seeking to get things back the way they were, and suffering anger and fear, is only reason for you to exercise more diligent care. God is working with him now as much as ever, and I would advise you for now to work to the point of him seeking his spiritual good in this situation, however short he falls of right use of adversity for now.

Your name, "Eukairos," comes from "eu", meaning "good", and "kairos", an almost inexhaustible word which means, among other things, "appointed time" and "decisive moment." You and Mark are alike called to dance the great

dance, and though Mark may not see it now, you are God's agent and son supporting him in a great and ordered dance where everything is arranged in God's providence. Right now Mark sees none of this, but as his guardian angel you are charged to work with him in the dance, a dance where God incorporates his being robbed and will incorporate his spiritual struggles and, yes, provide when Mark fails to see that the righteous will never be forsaken.

A good goal would be for Mark to pray for those that robbed him, and through those prayers honestly desire their good, or come to that point. But a more immediate goal is his understanding of the struggle he faces. Right now he sees his struggle in terms of money, inconveniences, and the like. Raise his eyes higher so he can see that it is a spiritual struggle, that God's providence is not overruled by this tribulation, and that if he seeks first the Kingdom of God, God himself knows Mark's material needs and will show deepest care for him.

Your Fellow-Servant in Prayer,  
But an Angel Who Cannot Struggle Mark's Struggle on his  
Behalf

*My dear, esteemed son and fellow-angel Eukairos;*

That was a deft move on your part, and I thank you for what you have helped foster in Mark's thoughts.

Mark began to console himself with the deep pit of porn, that poison that is so easily found in his time and place. And he began to pray, on his priest's advice, "Holy Father John, pray to God for me," and "Holy Mother Mary, pray to God for me," Saint John the Much-Suffering and Saint Mary of Egypt being saints to remember when fighting that poison. And you helped him for a moment to see how he was turned in on himself and away from others, and he prayed for help caring about others.



At 10:30 PM that night on the dot, one of his friends was walking in the dark, in torrential rains, and fell in the street, and a car ran over his legs. This friend was someone with tremendous love for others, the kind of person you cannot help but appreciate, and now that he had two broken legs, the flow of love reversed. And Mark unwittingly found himself in an excellent situation to care about something other than himself. He quite forgot about his money worries; and he barely noticed a windfall from an unexpected source. He kept company and ran errands for his friend.

What was once only a smouldering ember is now a fire burning brightly. Work as you can to billow it into a blaze.

With an Eternal Love,  
Your Respectful Brother Angel

---

*My dear, scintillating son Eukairos;*

I would recall to you the chief end of mankind. “To glorify God and enjoy him forever” is not a bad answer; the chief end of mankind is to contemplate God. No matter what you do, Mark will never reach the strictest sense of contemplation such as monastic saints enjoy in their prayer, but that is neither here nor there. He can have a life ordered to contemplation even if he will never reach the spiritual quiet from which strict contemplation is rightly approached. He may never reach beyond the struggle of asceticism, but his purpose, on earth as well as in Heaven, is to contemplate God, and to be deified. The point of human life is to become by grace what Christ is by nature.

Mark is right in one way and wrong in another to realize that he has only seen the beginning of deification. He *has* started, and only started, the chief end of human life, and he is right to pray, go to confession, and see himself as a beginner. But what he is *wrong* about is imagining that the

proof of his fledgling status is that his wishes are not fulfilled in the circumstances of his life: his unconscious and unstated assumption is that if he had real faith like saints who worked miracles, his wishes would be fulfilled and his life would be easier. Those saints had *less* wishes fulfilled, not more, and much harder lives than him.

(And this is beside the point that Mark is not called to perform miracles; he is called to something greater, the most excellent way: **love**.)

Mark imagines you, as his guardian angel, to be sent by God to see that at least some of his wishes happen, but the truth is closer to saying that you are sent by God to see that some of his wishes *do not* happen so that in the cutting off of self-will he may grow in ways that would be impossible if he always had his wishes. There is a French saying, «*On trouve souvent sa destin e par les chemins que l'on prend pour l' viter.*»: "One often finds his destiny on the paths one takes to avoid it." Destiny is not an especially Christian idea, but there is a grain of truth here: *Men often find God's providence in the situations they hoped his providence would keep them out of.*

This cutting off of self-will is part of the self-transcendence that makes deification; it is foundational to monks and the office of spiritual father, but it is not a "monks-only" treasure. Not by half. God answers "No" to prayers to say "Yes" to something greater. But the "Yes" only comes *through* the "No."

As Mark has heard, "We pray because we want God to change our circumstances. God wants to use our circumstances to change us."

Mark has had losses, and he will have more to come, but what he does not understand is that the path of God's sanctification is precisely through the loss of what Mark thinks he needs. God is at work allowing Mark to be robbed. God is at work allowing Mark to use "his" "free" time to serve his friend. And God is at work in the latest challenge you wrote to me about.

Mark has lost his car. A drunk and uninsured driver slammed into it when it was parked; the driver was saved by his airbag, but Mark's car was destroyed, and Mark has no resources to get another car, not even a beater for now. And Mark imagines this as something that pushes him outside of the Lord's providence, not understanding that it is by God's good will that he is now being transported by friendship and generosity, that he is less independent now.

Right now Mark is not ready either to thank God for his circumstances or to forgive the driver. But do open his eyes to the good of friendship and generosity that now transports him. Even if he sees the loss of his car as an example of God failing to provide for him, help him to see the good of his being transported by the love and generosity of his friends. Help him to see God's providence in circumstances he would not choose.

Your Fellow-Servant in the Service of Man,  
A Brother Angel

---

*My dear son Eukairos;*

Your precious charge, in perfectly good faith, believes strongly in bringing into captivity every thought to the obedience of Christ. His devotion in trying to bring into captivity every thought to the obedience of Christ is really quite impressive, but he is fundamentally confused about what that means, and he is not the only one.

Mark would never say that you can reason your way into Heaven, but he is trying to straighten out his worldview, and he thinks that straightening out one's ideas is what this verse is talking about. And he holds an assumption that if you're reasoning things out, or trying to reason things out, you're probably on the right path.

Trying to reason things out does not really help as much as one might think. Arius, the father of all heretics, was one

of many to try to reason things out; people who devise heresies often try harder to reason things out than the Orthodox. And Mark has inherited a greatly overstated emphasis on how important or helpful logical reasoning is.

Mark would be surprised to hear this; his natural question might be, "If bringing into captivity every thought to the obedience of Christ is not what you do when you straighten out your worldview, then what on earth is?"

A little bit more of the text discusses unseen warfare and inner purity: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; and having in a readiness to revenge all disobedience, when your obedience is fulfilled.

Men's thoughts are not just abstract reasoning; they are all sorts of things, some entangled with sinful desire, that are around all the time to a mind that has not learned hesychastic silence. Thoughts that need to be taken captive include thoughts of money entangled with greed, thoughts of imagined success entangled with pride, thoughts of wrongs suffered entangled with anger, thoughts of food compounded with gluttony, thoughts of desired persons compounded with lust, thoughts of imagined future difficulties entangled with worry and doubt about the Lord's good providence. Such thoughts as these need to be addressed, and not by tinkering with one's worldview: these thoughts remain a battleground in spiritual warfare even if one's worldview condemns greed, pride, anger, gluttony, lust, worry, and doubt.

Work with Mark. Guide him and strengthen him in the unseen warfare that includes learning to cut off such thoughts as soon as possible: a fire that is spreading through a house is hard to put out, and what Mark needs to learn is to notice the smoke that goes before fire and extinguish the smouldering that is beginning and not

waiting for leaping flames to make doomed efforts to fight it. Help him to see that his thoughts are not only abstract ideas, and help him to be watchful, aware of his inner state. Unseen warfare in thoughts is of inestimable importance, and do what you can to help him see a smouldering smoke when it has not become a raging fire, and to be watchful.

Do what you can to draw him to repeat the Jesus Prayer, to let it grow to a rhythm in him. If the question is, "What should I start thinking when I catch myself?", the answer is, "The Jesus prayer."

Keep working with Mark, and offer what support you can. And keep him in your prayers.

With Deepest Affection,  
Another Member of the Angel Choirs

---

*Dear fellow-warrior, defender, and son Eukairos;*

I wish to write to you concerning devils.

Mark has the wrong picture with a scientific worldview in which temptations are more or less random events that occur as a side effect of how the world works. Temptations are intelligently coordinated attacks by devils. They are part of unseen warfare such as Mark faces, part of an evil attack, but none the less on a leash. No man could be saved if the devils could give trials and temptations as much as they wished, but the devils are allowed to bring trials and temptations as much as God allows for the strengthening, and the discipleship, of his servants.

Some street drugs are gateway drugs, and some temptations are temptations to gateway sins. Gluttony, greed, and vanity are among the "gateway sins", although it is the nature of a sin to give way to other sins as well. Gluttony, for instance, opens the door to lust, and it is harder by far to fight lust for a man whose belly is stuffed overfull. (A man who would fare better fighting against lust

would do well to eat less and fast more.) In sin, and also in virtue, he who is faithful in little is faithful in much, and he who is unfaithful in little is also unfaithful in much. You do not need to give Mark what he expects now, help in some great, heroic act of virtue. He needs your help in little, humble, everyday virtues, obedience when obedience doesn't seem worth the bother.

The liturgy speaks of “the feeble audacity of the demons”, and Mark needs to know that that is true, and true specifically in his case. What trials God allows are up to God, and the demons are an instrument in the hand of a God who would use even the devils' rebellion to strengthen his sons. The only way Mark can fall into the demons' hands is by yielding to temptation: nothing can injure the man who does not injure himself. The trials Mark faces are intended for his glory, and more basically for God's glory in him—but God chooses glory for himself that glorifies his saints. Doubtless this will conflict with Mark's plans and perceptions of what he needs, but God knows better, and *loves* Mark better than to give Mark everything he thinks he needs.

Do your best to strengthen Mark, especially as regards forgiveness to those who have wronged him and in the whole science of unseen warfare. Where he cannot see himself that events are led by an invisible hand, help him to at least have faith, a faith that may someday be able to discern.

And do help him to see that he is in the hands of God, that the words in the Sermon on the Mount about providence are not for the inhabitants of another, perfect world, but intended for him personally as well as others. He has rough things he will have to deal with; help him to trust that he receives providence at the hands of a merciful God who is ever working all things to good for his children.

With Love as Your Fellow-Warrior and Mark's,  
Your Fellow-Warrior in the War Unseen

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*My dear, watchful son Eukairos;*

Mark has lost his job, and though he has food before him and a roof over his head, he thinks God's providence has run short.

Yet in all of this, he is showing a sign of growth: even though he does not believe God has provided, there is a deep peace, interrupted at times by worry, and his practice of the virtues allows such peace to enter even though he assumes that God can only provide through paychecks.

Work on him in this peace. Work on him in the joy of friendship. Even if he does not realize that he has food for today and clothing for today, and that this is the providence he is set to ask for, help him to enjoy what he has, and give thanks to God for everything he has been given.

And hold him in your prayers.

As One Who Possesses Nothing,  
One Who Receives All He Needs From God

---

*My prayerful, prayerful Eukairos;*

Prayer is what Mark needs now more than ever.

Prayer is the silent life of angels, and it is a feast men are bidden to join. At the beginning it is words; in the middle it is desire; at the end it is silence and love. For men it is the outflow of sacrament, and its full depths are in the sacraments. There are said to be seven sacraments, but what men of Mark's day do not grasp is that seven is the number of perfection, and it would do as well to say that there are ten thousand sacraments, all bearing God's grace.

Help Mark to pray. Pray to forgive others, pray for the well-being of others, pray by being in silence before God. Help him to pray when he is attacked by passion; help him

to pray when he is tempted and when he confesses in his heart that he has sinned: *O Lord, forgive me for doing this and help me to do better next time, for the glory of thy holy name and for the salvation of my soul.*

Work with Mark so that his life is a prayer, not only with the act-prayer of receiving a sacrament, but so that looking at his neighbor with chaste eyes he may pray out of the Lord's love. Work with Mark so that ordinary activity and work are not an interruption to a life of prayer, but simply a part of it. And where there is noise, help him to be straightened out in silence through his prayer.

And if this is a journey of a thousand miles that Mark will never reach on earth, bid him to take a step, and then a step more. For a man to take one step into this journey is still something: the Thief crucified with Christ could only take one step, and he took that one step, and now stands before God in Paradise.

Ever draw Mark into deeper prayer.

With You Before God's Heart that Hears Prayers,  
A Praying Angel

---

*My dearly beloved, cherished, esteemed son; My holy angel who sees the face of Christ God; My dear chorister who sings before the eternal throne of God; My angel divine; My fellow-minister;*

Your charge has passed through his apprenticeship successfully.

He went to church, and several gunmen entered. One of them pointed a gun at a visitor, and Mark stepped in front of her. He was ordered to move, and he stood firm. He wasn't thinking of being heroic; he wasn't even thinking of showing respect due a woman. He only thought vaguely of appropriate treatment of a visitor and fear never deterred him from this vague sense of appropriate care for a visitor.



And so death claimed him to its defeat. O Death, where is your sting? O grave, where is your victory? Death claimed claimed saintly Mark to its defeat.

Mark is no longer your charge.

It is my solemn, profound, and grave pleasure to now introduce you to Mark, no longer as the charge under your care, but as a fellow-chorister with angels who will eternally stand with you before the throne of God in Heaven.

Go in peace.

Your Fellow-Minister,

מיכאל • MIXAHA • MICHAEL • Who Is Like God?

# **Introduction to “A Canticle to Holy, Blessed Solipsism”**

This simple poem was written on a blessed visit to Holy Cross Hermitage in Wayne, West Virginia. It came to the author after facing a struggle.

## **A Cantic to Holy, Blessed Solipsism**

O Lord, help me reach poverty, that I may own treasures  
avarice could never fathom or imagine,  
Obedience that I may know utter freedom, first of all of the  
shackles of my sin and vice,  
Chastity, that I may be virile beyond reckoning,  
A solipsist that I may embrace Heaven and Earth,  
(For Earth can never fail to merit a capital E,  
Not since our Saviour walked it.)  
Let me be alone with You, through the bridge of a second  
holy Moses,  
Let me love You with my whole being  
(A holy Being, grant it might be),  
That I may reach you through six billion prisms,  
The royal race of men,  
And made in Your Divine Image.  
And may this love bubble over,  
Cascading on animals because I love men,  
Cascading onto plants that are also alive,  
Cascading onto rocks that exist in some measure,  
Cascading on nothingness, You Who have been called

Everything and Nothing,  
For even nothingness is in some way Your Image,  
You Who are beyond existence and nonexistence alike.

Today is a day of interest in genes,  
In mortals who want to know their roots,  
And I am indeed among them,  
Though I dig for a Deeper Root.  
A kit and refined science,  
Can tell me what lands my ancestors came from,  
And had I the wealth, I could go on pilgrimage, To visit the  
places,  
That gave me my greying red beard.  
But my Root is Simple:  
God Himself,  
Father, Son, and Holy Spirit,  
The Triune Pattern after which each man is made,  
And I reverence each man as God after God:  
To do less is to fail to grasp the One God, Who transcends  
His Own Transcendence,  
Immanent beyond all imagination,  
Immanent beyond all measure,  
Closer to you than you are to yourself;  
The very breath you breathe is God's Own.

My Motherland is Heaven,  
And so I go and seek pilgrimage,  
To the God who is everywhere and everywhere,  
In Holy Russia,  
In Holy Russia now though I be on American soil.  
Holy Russia has come to me,  
And God please, let me come to Holy Russia,  
A monk to the end of my days as mortal man.

Who am I to worship You,  
Whom Heaven and Earth cannot contain?  
Who am I even to give You thanks?  
I am unworthy to even give You thanks,

And I thank you anyway.  
It is my burden: it is my joy.

“Only God and I exist,”  
Or so the saying goes,  
For there is only One Will to please:  
All else follows suit,  
All ducklings in a row.  
Christians today do not know that they are pagans:  
And not in the sense that Orthodoxy is pagan and neo-  
paganism isn’t.

Do you not understand the radical breach,  
Of One God Almighty of sacred Israel?  
One thing only could offend God,  
A God Who stands besides all possibility of offense,  
Except in the person of another:

**Sin.**

The pagans all around worshiped among the cacophonous  
din of a treacherous junior high:  
There was no reckoning of sin,  
Only appeasement of arbitrary, bickering gods,  
Who were not much more than overclocked men,  
And truth be told, sometimes far less.  
And what appeased one god,  
Might well offend anger another.  
Are you a Christian?  
Then why do you appease so many bickering gods,  
And why do you worry with it?  
Be thou a solipsist, *please!*

And the voyage to meet first my Root,  
Is the simple repentance offered here and now.  
“Awaken!” beckon God and the saints,  
And rank upon rank of angel hosts!  
Repent: for the Kingdom of God is nigh:  
Indeed, it is already here.  
Your room will teach you everything you need to know,

And the longest journey we will ever take,  
Is rightly called the journey from our head to our heart.  
Repent!

And lastly become truly a solipsist,  
No longer know that you are you and God is God:  
For the wall between created nature and Uncreated God  
only exists that we may rise above it;  
The Son of God became a man that men might become the  
Sons of God!  
God and the Son of God became Man and the Son of Man  
that men and the sons of men,  
Might become gods and the sons of God!  
Adam, trying to be God, failed to be god;  
Christ became Man that he might make Adam god:  
The whole purpose of human life is to become by Grace  
What Christ is by nature:  
Be nothing before God and take down the curtain  
separating “You” and “me.”

Amen! Amen! Amen!

# **Introduction to “Plato: The Allegory of the... *Flickering Screen?*”**

Plato's most famous allegory is the “Allegory of the Cave,” in which strange prisoners see shadows cast on a wall, and Plato raises the question of what would happen if one of the prisoners was able in fact to be taken out of the cave and see the light of the sun.

This is a very light tweak of that classic passage that has everything to do with the screens we are constantly looking at.

## Plato: The Allegory of the... *Flickering Screen*?

**Socrates:** And now, let me give an illustration to show how far our nature is enlightened or unenlightened:— Behold! a human being in a darkened den, who has a slack jaw towards only source of light in the den; this is where he has gravitated since his childhood, and though his legs and neck are not chained or restrained any way, yet he scarcely turns round his head. In front of him are images from faroff, projected onto a flickering screen. And others whom he cannot see, from behind their walls, control the images like marionette players manipulating puppets. And there are many people in such dens, some isolated one way, some another.

**Glaucon:** I see.

**Socrates:** And do you see, I said, the flickering screen showing men, and all sorts of vessels, and statues and collectible animals made of wood and stone and various materials, and all sorts of commercial products which appear on the screen? Some of them are talking, and there is rarely silence.

**Glaucon:** You have shown me a strange image, and they are strange prisoners.



**Socrates:** Much like us. And they see only their own images, or the images of one another, as they appear on the screen opposite them?

**Glaucon:** True, he said; how could they see anything but the images if they never chose to look anywhere else?

**Socrates:** And they would know nothing about a product they buy, except for what brand it is?

**Glaucon:** Yes.

**Socrates:** And if they were able to converse with one another, wouldn't they think that they were discussing what mattered?

**Glaucon:** Very true.

**Socrates:** And suppose further that the screen had sounds which came from its side, wouldn't they imagine that they were simply hearing what people said?

**Glaucon:** No question.

**Socrates:** To them, the truth would be literally nothing but those shadowy things we call the images.

**Glaucon:** That is certain.

**Socrates:** And now look again, and see what naturally happens next: the prisoners are released and are shown the truth. At first, when any of them is liberated and required to suddenly stand up and turn his neck around, and walk and look towards the light, he will suffer sharp pains; the glare will distress him, and he will be unable to see the realities of which in his former state he had seen the images; and then imagine someone saying to him, that what he saw before was an illusion, but that now, when he is approaching nearer to being and his eye is turned towards more real existence, he has a clearer vision, - what will be his reply? And you may further imagine

that his instructor is asking him to things, not as they are captured on the screen, but in living color -will he not be perplexed? Won't he imagine that the version which he used to see on the screen are better and more real than the objects which are shown to him in real life?

**Glaucou:** Far better.

**Socrates:** And if he is compelled to look straight at the light, will he not have a pain in his eyes which will make him turn away to take and take in the objects of vision which he can see, and which he will conceive to be in reality clearer than the things which are now being shown to him?

**Glaucou:** True, he now will.

**Socrates:** And suppose once more, that he is reluctantly dragged up a steep and rugged ascent, and hindered in his self-seeking until he's forced to think about someone besides himself, is he not likely to be pained and irritated? He will find that he cannot simply live life as he sees fit, and he will not have even the illusion of finding comfort by living for himself.

**Glaucou:** Not all in a moment, he said.

**Socrates:** He will require time and practice to grow accustomed to the sight of the upper world. And first he will see the billboards best, next the product lines he has seen advertised, and then things which are not commodities; then he will talk with adults and children, and will he know greater joy in having services done to him, or will he prefer to do something for someone else?

**Glaucou:** Certainly.

**Socrates:** Last of he will be able to search for the One who is greatest, reflected in each person on earth, but he

will seek him for himself, and not in another; and he will live to contemplate him.

**Glaucon:** Certainly.

**Socrates:** He will then proceed to argue that this is he who gives the season and the years, and is the guardian of all that is in the visible world, and is absolutely the cause of all things which he and his fellows have been accustomed to behold?

**Glaucon:** Clearly, he said, his mind would be on God and his reasoning towards those things that come from him.

**Socrates:** And when he remembered his old habitation, and the wisdom of the den and his fellow-prisoners, do you not suppose that he would felicitate himself on the change, and pity them?

**Glaucon:** Certainly, he would.

**Socrates:** And if they were in the habit of conferring honours among themselves on those who were quickest to observe what was happening in the world of brands and what new features were marketed, and which followed after, and which were together; and who were therefore best able to draw conclusions as to the future, do you think that he would care for such honours and glories, or envy the possessors of them? Would he not say with Homer, "Better to be the poor servant of a poor master" than to reign as king of this Hell, and to endure anything, rather than think as they do and live after their manner?

**Glaucon:** Yes, he said, I think that he would rather suffer anything than entertain these false notions and live in this miserable manner.

**Socrates:** Imagine once more, I said, such an one coming suddenly out of the sun to be replaced in his old

situation; would he not be certain to have his eyes full of darkness, and seem simply not to get it?

**Glaucon:** To be sure.

**Socrates:** And in conversations, and he had to compete in one-upsmanship of knowing the coolest brands with the prisoners who had never moved out of the den, while his sight was still weak, and before his eyes had become steady (and the time which would be needed to acquire this new habit of sight might be very considerable) would he not be ridiculous? Men would say of him that up he went with his eyes and down he came without them; and that it was better not even to think of ascending; and if any one tried to loose another and lead him up to the light, let them only catch the offender, and they would give him an extremely heavy cross to bear.

**Glaucon:** No question. Then is the saying, “In the land of the blind, the one eyed man is king,” in fact false?

**Socrates:** In the land of the blind, the one-eyed man is crucified. Dear Glaucon, you may now add this entire allegory to the discussion around a matter; the den arrsanged around a flickering screen is deeply connected to the world of living to serve your pleasures, and you will not misapprehend me if you interpret the journey upwards to be the spiritual transformation which alike may happen in the monk keeping vigil or the mother caring for children, the ascent of the soul into the world of spiritual realities according to my poor belief, which, at your desire, I have expressed whether rightly or wrongly God knows. But, whether true or false, my opinion is that in the world of knowledge the Source of goodness appears last of all, and is seen only with an effort; and, when seen, is also inferred to be the universal author of all things beautiful and right, parent of

light and of the lord of light in this visible world, and the immediate source of reason and truth in the intellectual; and that this is the power upon which he who would act rationally, either in public or private life must have his eye fixed.

**Glaucon:** I agree, he said, as far as I am able to understand you.

# **Introduction to “Doxology”**

“Doxology” is a paean of praise that was written about the glory of our Hidden Transcendent God.

## Doxology

How shall I praise thee, O Lord?  
For naught that I might say,  
Nor aught that I may do,  
Compareth to thy worth.  
Thou art the Father for whom every fatherhood in Heaven  
and on earth is named,  
The Glory for whom all glory is named,  
The Treasure for whom treasures are named,  
The Light for whom all light is named,  
The Love for whom all love is named,  
The Eternal by whom all may glimpse eternity,  
The Being by whom all beings exist,  
יהוה  
O ΩN.  
The King of Kings and Lord of Lords,  
Who art eternally praised,  
Who art all that thou canst be,  
Greater than aught else that may be thought,  
Greater than can be thought.  
In thee is light,  
In thee is honour,  
In thee is mercy,  
In thee is wisdom, and praise, and every good thing.  
For good itself is named after thee,  
God immeasurable, immortal, eternal, ever glorious, and  
humble.

What mighteth compare to thee?  
 What praise equalleth thee?  
 If I be fearfully and wonderfully made,  
 Only can it be,  
 Wherewith thou art fearful and wonderful,  
 And ten thousand things besides,  
 Thou who art One,  
 Eternally beyond time,  
 So wholly One,  
 That thou mayest be called infinite,  
 Timeless beyond time thou art,  
 The One who is greater than infinity art thou.  
 Father, Son, and Holy Spirit,  
 The Three who are One,  
 No more bound by numbers than by word,  
 And yet the Son is called Ο ΛΟΓΟΣ,  
 The Word,  
 Divine ordering Reason,  
 Eternal Light and Cosmic Word,  
 Way pre-eminent of all things,  
 Beyond all, and infinitesimally close,  
 Thou transcendest transcendence itself,  
 The Creator entered into his Creation,  
 Sharing with us humble glory,  
 Lowered by love,  
 Raised to the highest,  
 The Suffering Servant known,  
 The King of Glory,  
 Ο ΩΝ.

What tongue mighteth sing of thee?  
 What noetic heart mighteth know thee,  
 With the knowledge that drinketh,  
 The drinking that knoweth,  
 Of the vous,  
 The loving, enlightened spiritual eye,  
 By which we may share the knowing,



Of divinised men joining rank on rank of angels.

Thou art,  
The Hidden Transcendent God who transcendest  
transcendence itself,  
The One God who transfigurest Creation,  
The Son of God became a Man that men might become the  
sons of God,  
The divine became man that man mighteth become divine.

Beyond measure is thy glory,  
The weight of thy power transcendeth,  
Thy power of thine all-surpassing authority bespeaketh,  
And yet art thou,  
Not in fire, not earthquake,  
Not wind great as maelstrom,  
But in soft gentle whisper,  
Thy prophets wait upon thee,  
For thy silence is more deafening than thunder,  
Thine weakness stronger than the strength of men,  
Thy humility surpassingly far exceedeth men's covetous  
thirst for glory,  
Thou who hidst in a manger,  
Treasure vaster than the Heavens,  
And who offerest us glory,  
In those things of our lives,  
That seem humble to us,  
As a manger rude in a cavern stable.

Thou Christ God, manifest among Creation,  
Vine, lamb, and our daily bread,  
Tabernacled among us who may taste thy glory,  
Art come the priest on high to offer thy Creation up into  
Heaven,  
Sanctified,  
Transfigured,  
Deified.

Wert thou a lesser god,

Numerically one as a creature is one,  
Only one by an accident,  
Naught more,  
Then thou couldst not deify thine own creation,  
Whilst remaining the only one god.

But thou art beyond all thought,  
All word, all being,  
We may say that thou existest,  
But then we must say,  
Thou art, I am not.  
And if we say that we exist,  
It is inadequate to say that thou existest,  
For thou art the source of all being,  
And beyond our being;  
Thou art the source of all mind, wisdom, and reason,  
Yet it is a fundamental error to imagine thee,  
To think and reason in the mode of mankind.  
Thou art not one god because there happeneth not more,  
Thou art The One God because there mighteth not be  
another beside thee.  
Thus thou spakest to Moses,  
Thou shalt have no other gods before me.  
Which is to say,  
Thou shalt admit no other gods to my presence.

And there *can* be no other god beside thee,  
So deep and full is this truth,  
That thy Trinity mighteth take naught from thine Oneness,  
Nor could it be another alongside thy divine Oneness,  
If this God became man,  
That man become god.

Great art thou,  
Greater than aught that can be thought,  
And thus dealest thou,  
With thy Creation.

For thou camest into the world,

O Christ,  
Thy glory veiled,  
But a few could see thy glory,  
In a seed.

But thou returnest soon,  
In years, or centuries, or ages untold,  
A day or a thousand years, soon,  
Then a seed no more.  
None shall escape seeing you,  
Not an angel choir to shepherds alone,  
But rank on rank of angel host.  
Every eye shall see thee,  
And they also which pierced thee,  
Thou camest and a few knees bowed,  
Thou wilt return,  
And every knee shall bow,  
And every tongue shall confess,  
Jesus Christ is Lord,  
To the glory of God the Father,  
As the Father triumphs in the Son.

Who mighteth tell of thy glory, thy might?  
We hope for Heaven yet,  
Yet the Heavens cannot contain thee.  
Great art O ΩN,  
And greatly to be praised.  
Thou art awesome beyond all gods,  
Who sayest,  
Wound not my christs.  
For the Son of God became the Son of Man,  
That the sons of man might become the sons of God,  
And the divine image,  
The ancient and glorious foundation,  
And radix of mankind,  
Be transfigured,  
Into the likeness of Christ,  
And shine with uncreated Light,

The glory of God shining through his sons.

Let our spiritual eye be ever transfixed upon thine eternal  
radiant glory,  
Our hearts ever seeking thy luminous splendour,  
Ever questing,  
Ever sated,  
Slaked by the greatest of draughts,  
Which inflameth thirst.

Glorified art thou,  
In all ages,  
In every age,  
Thy soft, gentle whisper,  
Speaking life,  
In every here and now,  
And today.

Let us give our lives,  
To thine all-surpassing greatness,  
From this day,  
From this hour,  
Henceforth and forevermore.

Αμην,  
So be it. Amen.

## Introduction to “The Consolation of Theology”

C.S. Lewis's favorite old book was a little gem of neo-Platonic Christian philosophy written by a man who fell from highest secular honors to exile, and would be in the end tortured and killed. The book looks at what consolation there is to be had from philosophy to one in his conditions.

People ask, “Why philosophy and not theology?” perhaps missing what is entirely Christian use of the best taken from pagan culture. And some people have trouble seeing a Christian genuinely and truly consoling himself with philosophy.

But for over a thousand years after its writing, no one dropped the other shoe and wrote “The Consolation of Theology,” *and this work drops that other shoe*. If perhaps not at the level of the ancient original.

# The Consolation of Theology

## Song I.

### The Author's Complaint.

The Gospel was new,  
 When one saint stopped his ears,  
 And said, '*Good God!*  
*That thou hast allowed me,*  
*To live at such a time.'*  
 Jihadists act not in aught of vacuum:  
 Atheislam welcometh captors;  
 Founded by the greatest Christian heresiarch,  
 Who tore Incarnation and icons away from all things  
 Christian,  
 The dragon next to whom,  
 Arius, father of heretics,  
 Is but a fangless worm.  
 Their 'surrender' is practically furthest as could be,  
 From, '*God and the Son of God,*  
*Became Man and the Son of Man,*  
*That men and the sons of men,*  
*Might become Gods and the Sons of God,'*  
 By contrast, eviscerating the reality of man.  
 The wonder of holy marriage,  
 Tortured and torn from limb to limb,  
 In progressive installments old and new,

Technology a secular occult is made,  
Well I wrote a volume,  
*The Luddite's Guide to Technology*,  
And in once-hallowed halls of learning,  
Is taught a 'theology,'  
Such as one would seek of Monty Python.  
And of my own life; what of it?  
A monk still I try to be;  
Many things have I tried in life,  
And betimes met spectacular success,  
And betimes found doors slammed in my face.  
Even in work in technology,  
Though the time be an economic boom for the work,  
Still the boom shut me out or knocked me out,  
And not only in the Church's teaching,  
In tale as ancient as Cain and Abel,  
Of The Wagon, the Blackbird, and the Saab.  
And why I must now accomplish so little,  
To pale next to glorious days,  
When a-fighting cancer,  
I switched discipline to theology,  
And first at Cambridge then at Fordham,  
Wished to form priests,  
But a wish that never came true?

## I.

And ere I moped a man appeared, quite short of stature but looking great enough to touch a star. In ancient gold he was clad, yet the golden vestments of a Patriarch were infinitely eclipsed by his Golden Mouth, by a tongue of liquid, living gold. Emblazoned on his bosom were the Greek letters **X**, and **A**. I crossed myself thrice, wary of devils, and he crossed himself thrice, and he looked at me with eyes aflame and said, 'Child, hast thou not written, and then outside the bounds of Holy Orthodoxy, a koan?':

A novice said to a master, "I am sick and tired of the immorality that is all around us. There is fornication everywhere, drunkenness and drugs in the inner city, relativism in people's minds, and do you know where the worst of it is?"

The master said, "Inside your heart."

He spoke again. 'Child, repent of thine own multitude of grievous sins, not the sins of others. Knowest thou not the words, spoken by the great St. Isaac and taken up without the faintest interval by the great St. Seraphim, "Make peace with thyself and ten thousand around thee shall be saved?" Or that if everyone were to repent, Heaven would come to earth?

'Thou seemest on paper to live thy conviction that every human life is a life worth living, but lacking the true strength that is behind that position. Hast thou not read my "Treatise to Prove that Nothing Can Injure the Man Who Does Not Harm Himself?" How the three children, my son, in a pagan court, with every lechery around them, were graced not to defile themselves in what they ate, but won the moral victory of not bowing to an idol beyond monstrous stature? And the angel bedewed them in external victory after they let all else go in *internal* and eternal triumph?

'It is possible at all times and every place to find salvation. Now thou knowest that marriage or monasticism is needful; and out of that knowledge you went out to monasteries, to the grand monastery of Holy Cross Hermitage, to Mount Athos itself, and thou couldst not stay. What of it? Before God thou art *already* a monk. Keep on seeking monasticism, without end, and whether thou crossest the threshold of death a layman or a monk, if thou hast sought monasticism for the rest of thy days, and seekest such repentance as thou canst, who knows if thou mightest appear a monk in lifelong repentance when thou



answerest before the Dread Judgement-Throne of Christ?

‘Perhaps it is that God has given thee such good things as were lawful for God to give but unlawful and immature for thou to seek for thyself. Thou hast acquired a scholar’s knowledge of academic theology, and a heresiologist’s formation, but thou writest for the common man. Canst not thou imagine that this may excel such narrow writing, read by so few, in the confines of scholarship? And that as thou hast been graced to walk the long narrow road of affliction, thou art free now to sit in thy parents’ splendid house, given a roof when thou art homeless before the law whilst thou seekest monasticism, and writest for as long as thou art able? That wert wrong and immature to seek, sitting under your parents’ roof and writing as much as it were wrong and immature to seek years’ training in academic theology and heresy and give not a day’s tribute to the professorial asceticism of pride and vainglory (thou hadst enough of thine own). Though this be not an issue of morality apart from asceticism, thou knewest the settled judgement that real publication is traditional publication and vanity press is what self-publication is. Yet without knowing, without choosing, without even guessing, thou wert again & time again in the right place, at the right time, amongst the manifold shifts of technology, and now, though thou profitest not in great measure from thy books, yet have ye written many more creative works than thou couldst bogging with editors. Thou knowest far better to say, “Wisdom is justified by her children,” of thyself in stead of saying such of God, but none the less thou hadst impact. Yet God hath granted thee the three, unsought and unwanted though thou mayest have found them.’

I stood in silence, all abashed.

## **Song II.**

### **His Despondency.**

The Saint spoke thus:  
 ‘What then? How is this man,  
 A second rich young ruler become?  
 He who bore not a watch on principle,  
 Even before he’d scarce more than  
 Heard of Holy Orthodoxy,  
 Weareth a watch built to stand out,  
 Even among later Apple Watches.  
 He who declined a mobile phone,  
 Has carried out an iPhone,  
 And is displeased to accept,  
 A less fancy phone,  
 From a state program to provide,  
 Cell phones to those at poverty.  
 Up! Out! This will not do,  
 Not that he hath lost an item of luxury,  
 But that when it happened, he were sad.  
 For the rich young ruler lied,  
 When said he that he had kept,  
 All commandments from his youth,  
 For unless he were an idolater,  
 The loss of possessions itself,  
 Could not suffice to make him sad.  
 This man hast lost a cellphone,  
 And for that alone he grieveth.  
 Knoweth he not that money maketh not one glad?  
 Would that he would recall,  
 The heights from which he hath fallen,  
 Even from outside the Orthodox Church.’

## **II.**

Then the great Saint said, ‘But the time calls for

something deeper than lamentation. Art thou not the man who sayedst that we cannot *achieve* the Holy Grail, nor even *find* it: for the only game in town is to *become* the Holy Grail? Not that the Orthodox Church tradeth in such idle romances as Arthurian legend; as late as the nineteenth century, Saint IGNATIUS (Brianchaninov) gaveth warnings against reading novels, which His Eminence KALLISTOS curiously gave embarrassed explanations. Today the warning should be greatly extended to technological entertainment. But I would call thy words to mind none the less, and bid thee to become the Holy Grail. And indeed, when thou thou receivest the Holy Mysteries, thou receivest Christ as thy Lord and Saviour, thou art transformed by the supreme medicine, as thou tastest of the Fount of Immortality?

‘Thou wert surprised to learn, and that outside the Orthodox Church, that when the Apostle bade you to put on the whole armour of Christ, the armour of Christ wert not merely armour *owned* by Christ, or armour *given* by Christ: it were such armour as *God himself wears to war*: the prophet Isaiah tells us that the breastplate of righteousness and the helmet of salvation are God’s own armour which he weareth to war.

‘Thou art asleep, my son and my child; awaken thou thyself! There is silver under the tarnishment that maketh all seem corrupt: take thou what God hath bestowed, rouse and waken thyself, and find the treasure with which thy God hath surrounded thee.’

### **Song III.**

#### **A Clearer Eye.**

‘We suffer more in imagination than reality,’  
Said Seneca the Younger,  
Quoted in rediscovery of Stoicism,  
That full and ancient philosophy,

Can speak, act, and help today,  
 Among athletes and business men,  
 And not only scholars reading dusty tomes.  
 And if thus much is in a school of mere philosophy,  
 An individualist pursuit deepening division,  
 What of the greatest philosophy in monasticism,  
 What of the philosophy,  
 Whose Teacher and God are One and the Same?  
 I stood amazed at God,  
 Trying to count my blessings,  
 Ere quickly I lost count.

### III.

Then said I, 'I see much truth in thy words, but my fortunes have not been those of success. I went to Cambridge, with strategy of passing all my classes, and shining brightly on my thesis as I could; the Faculty of Divinity decided two thirds of the way through the year that my promptly declared dissertation topic was unfit for Philosophy of Religion, and made me choose another dissertation topic completely. I received no credit nor recognition for the half of my hardest work. That pales in comparison with Fordham, where I were pushed into informal office as ersatz counselour for my professors' insecurities, and the man in whom I had set my hopes met one gesture of friendship after another with one retaliation after another. Then I returned to the clumsy fit of programming, taken over by Agile models which require something I cannot do: becoming an interchangeable part of a hive mind. I have essayed work in User eXperience, but no work has yet crystallised, and the economy is adverse. What can I rightly expect from here?'

Ere he answered me, 'Whence askest thou the future? It is wondrous. And why speakest thou of thy fortune? Of a troth, no man hath ever had fortune. It were an impossibility.'

I sat a-right, a-listening.

He continued, 'Whilst at Fordham, in incompetent medical care, thou wert stressed to the point of nausea, for weeks on end. Thy worry wert not, "Will I be graced by the noble honourific of Doctor?" though that were far too dear to thee, but, "*Will there be a place for me?*" And thus far, this hath been in example "We suffer more in imagination than in reality." For though what thou fearest hath happened, what be its sting?

"Thou seekedst a better fit than as a computer programmer, and triedst, and God hath provided other than the success you imagined. What of it? Thou hast remained in the house of thy parents, a shameful thing for a man to seek, but right honourable for God to bestow if thou hast sought sufficiency and independence. Thou knowest that we are reckoned come Judgement on our performance of due diligence and not results achieved: that due diligence often carrieth happy results may be true, but it is nothing to the point. Thou art not only provided for even in this decline; thou hast luxuries that thou needest not.

"There is no such thing as fortune: only an often-mysterious Providence. God has a care each and all over men, and for that matter over stones, and naught that happeneth in the world escapeth God's cunning net. As thou hast quoted the Philokalia:

We ought all of us always to thank God for both the universal and the particular gifts of soul and body that He bestows on us. The universal gifts consist of the four elements and all that comes into being through them, as well as all the marvellous works of God mentioned in the divine Scriptures. The particular gifts consist of all that God has given to each individual. These include:

- Wealth, so that one can perform acts of charity.

- Poverty, so that one can endure it with patience and gratitude.
- Authority, so that one can exercise righteous judgement and establish virtue.
- Obedience and service, so that one can more readily attain salvation of soul.
- Health, so that one can assist those in need and undertake work worthy of God.
- Sickness, so that one may earn the crown of patience.
- Spiritual knowledge and strength, so that one may acquire virtue.
- Weakness and ignorance, so that, turning one's back on worldly things, one may be under obedience in stillness and humility.
- Unsought loss of goods and possessions, so that one may deliberately seek to be saved and may even be helped when incapable of shedding all one's possessions or even of giving alms.
- Ease and prosperity, so that one may voluntarily struggle and suffer to attain the virtues and thus become dispassionate and fit to save other souls.
- Trials and hardship, so that those who cannot eradicate their own will may be saved in spite of themselves, and those capable of joyful endurance may attain perfection.

All these things, even if they are opposed to each other, are nevertheless good when used correctly; but when misused, they are not good, but are harmful for both soul and body.

‘And again:

He who wants to be an imitator of Christ, so that he too may be called a son of God, born of the Spirit, must above all bear courageously and patiently the afflictions he encounters, whether these be bodily illnesses, slander and vilification from men, or attacks from the unseen spirits. God in His providence allows souls to be tested by various afflictions of this kind, so that it may be revealed which of them truly loves Him. All the patriarchs, prophets, apostles and martyrs from the beginning of time traversed none other than this narrow road of trial and affliction, and it was by doing this that they fulfilled God’s will. ‘My son,’ says Scripture, ‘if you come to serve the Lord, prepare your soul for trial, set your heart straight, and patiently endure’ (Ecclus. 2 : 1-2). And elsewhere it is said: ‘Accept everything that comes as good, knowing that nothing occurs without God willing it.’ Thus the soul that wishes to do God’s will must strive above all to acquire patient endurance and hope. For one of the tricks of the devil is to make us listless at times of affliction, so that we give up our hope in the Lord. God never allows a soul that hopes in Him to be so oppressed by trials that it is put to utter confusion. As St Paul writes: ‘God is to be trusted not to let us be tried beyond our strength, but with the trial He will provide a way out, so that we are able to bear it (I Cor. 10 : 13). The devil harasses the soul not as much as he wants but as much as God allows him to. Men know what burden may be placed on a mule, what on a donkey, and what on a camel, and load each beast accordingly; and the potter knows how long he must leave pots in the fire, so that they are not cracked by staying in it too long or rendered useless by being taken out of it before they are properly fired. If human understanding extends this far, must not God be much

more aware, infinitely more aware, of the degree of trial it is right to impose on each soul, so that it becomes tried and true, fit for the kingdom of heaven?

Hemp, unless it is well beaten, cannot be worked into fine yarn, whilst the more it is beaten and carded the finer and more serviceable it becomes. And a freshly moulded pot that has not been fired is of no use to man. And a child not yet proficient in worldly skills cannot build, plant, sow seed or perform any other worldly task. In a similar manner it often happens through the Lord's goodness that souls, on account of their childlike innocence, participate in divine grace and are filled with the sweetness and repose of the Spirit; but because they have not yet been tested, and have not been tried by the various afflictions of the evil spirits, they are still immature and not yet fit for the kingdom of heaven. As the apostle says: 'If you have not been disciplined you are bastards and not sons' (Heb. 12 : 8). Thus trials and afflictions are laid upon a man in the way that is best for him, so as to make his soul stronger and more mature; and if the soul endures them to the end with hope in the Lord it cannot fail to attain the promised reward of the Spirit and deliverance from the evil passions.

'Thou hast earned scores in math contests, yea even scores of math contests, ranking 7th nationally in the 1989 MathCounts competition. Now thou hast suffered various things and hast not the limelight which thou hadst, or believeth thou hadst, which be much the same thing. Again, what of it? God hath provided for thee, and if thou hast been fruitless in a secular arena, thou seekest virtue, and hast borne some fruit. Moreover thou graspest, in part, virtue that thou knewest not to seek when thou barest the asceticism of a mathematician or a member of the Ultraret.



Thou seekest without end that thou mayest become humble, and knowest not that to earnestly seek humility is nobler than being the chiefest among mathematicians in history?

‘The new Saint Seraphim, of Viritsa, hath written,

Have you ever thought that everything that concerns you, concerns Me, also? You are precious in my eyes and I love you; for his reason, it is a special joy for Me to train you. When temptations and the opponent [the Evil One] come upon you like a river, I want you to know that This was from Me.

I want you to know that your weakness has need of My strength, and your safety lies in allowing Me to protect you. I want you to know that when you are in difficult conditions, among people who do not understand you, and cast you away, This was from Me.

I am your God, the circumstances of your life are in My hands; you did not end up in your position by chance; this is precisely the position I have appointed for you. Weren't you asking Me to teach you humility? And there – I placed you precisely in the “school” where they teach this lesson. Your environment, and those who are around you, are performing My will. Do you have financial difficulties and can just barely survive? Know that This was from Me.

I want you to know that I dispose of your money, so take refuge in Me and depend upon Me. I want you to know that My storehouses are inexhaustible, and I am faithful in My promises. Let it never happen that they tell you in your need, “Do not believe in your Lord and God.” Have you ever spent the night in suffering? Are you separated from your relatives, from those you love? I allowed this that you would turn to Me, and in Me find consolation and comfort. Did your friend or someone to whom you opened your heart, deceive you? This was from Me.

I allowed this frustration to touch you so that you

would learn that your best friend is the Lord. I want you to bring everything to Me and tell Me everything. Did someone slander you? Leave it to Me; be attached to Me so that you can hide from the “contradiction of the nations.” I will make your righteousness shine like light and your life like midday noon. Your plans were destroyed? Your soul yielded and you are exhausted? This was from Me.

You made plans and have your own goals; you brought them to Me to bless them. But I want you to leave it all to Me, to direct and guide the circumstances of your life by My hand, because you are the orphan, not the protagonist. Unexpected failures found you and despair overcame your heart, but know That this was from Me.

With tiredness and anxiety I am testing how strong your faith is in My promises and your boldness in prayer for your relatives. Why is it not you who entrusted their cares to My providential love? You must leave them to the protection of My All Pure Mother. Serious illness found you, which may be healed or may be incurable, and has nailed you to your bed. This was from Me.

Because I want you to know Me more deeply, through physical ailment, do not murmur against this trial I have sent you. And do not try to understand My plans for the salvation of people’s souls, but uncomplainingly and humbly bow your head before My goodness. You were dreaming about doing something special for Me and, instead of doing it, you fell into a bed of pain. This was from Me.

Because then you were sunk in your own works and plans and I wouldn’t have been able to draw your thoughts to Me. But I want to teach you the most deep thoughts and My lessons, so that you may serve Me. I want to teach you that you are nothing without Me. Some of my best children are those who, cut off from

an active life, learn to use the weapon of ceaseless prayer. You were called unexpectedly to undertake a difficult and responsible position, supported by Me. I have given you these difficulties and as the Lord God I will bless all your works, in all your paths. In everything I, your Lord, will be your guide and teacher. Remember always that every difficulty you come across, every offensive word, every slander and criticism, every obstacle to your works, which could cause frustration and disappointment, This is from Me.

Know and remember always, no matter where you are, That whatsoever hurts will be dulled as soon as you learn In all things, to look at Me. Everything has been sent to you by Me, for the perfection of your soul.

All these things were from Me.

‘The doctors have decided that thy consumption of one vital medication is taken to excess, and they are determined to bring it down to an approved level, for thy safety, and for thy safety accept the consequence of thy having a string of hospitalizations and declining health, and have so far taken every pain to protect thee, and will do so even if their care **slay** thee.

‘What of it? Thy purity of conscience is in no manner contingent on what others decide in their dealings with thee. It may be that the change in thy medicaments be less dangerous than it beseemeth thee. It may be unlawful to the utmost degree for thou to seek thine own demise: yet it is full lawful, and possible, for our God and the Author and Finisher of our faith to give thee a life complete and full even if it were cut short to the morrow.

‘Never mind that thou seest not what the Lord may provide; thou hast been often enough surprised by the boons God hath granted thee. Thou hast written Repentance, Heaven’s Best-Kept Secret, and thou knowest that repentance itself eclipseth the pleasure of sin. Know

also that grievous men, and the devil himself, are all ever used by God according to his design, by the God who worketh all for all.

We do not live in the best of all possible worlds. Far from it. But we live under the care of the best of all possible Gods, and it is a more profound truth, a more vibrant truth, a truth that goes much deeper into the heart of root of all things to say that we may not live in the best of all possible worlds, but we live under the care of the best of all possible Gods.

‘Know and remember also that happiness comes from within. Stop chasing after external circumstances. External circumstances are but a training ground for God to build strength within. Wittest thou not that thou art a man, and as man art constituted by the image of God? If therefore thou art constituted in the divine image, why lookest thou half to things soulless and dead for thy happiness?’

## **Song IV.**

### **Virtue Unconquerable.**

I know that my Redeemer liveth,  
 And with my eyes yet shall I see God,  
 But what a painful road it has been,  
 What a gesture of friendship has met a knife in my back.  
 Is there grandeur in me for my fortitude?  
 I only think so in moments of pride,  
 With my grandeur only in repentance.  
 And the circumstances around me,  
 When I work, have met with a knife in the back.

## **IV.**

The Golden-Mouthed said, ‘Child, I know thy pains without your telling, aye, and more besides: Church politics ain’t no place for a Saint! Thou knowest how I pursued

justice, and regarded not the face of man, drove out slothful servants, and spoke in boldness to the Empress. I paid with my life for the enemies I made in my service. You have a full kitchen's worth of knives in your back: I have an armory! I know well thy pains from within.

'But let us take a step back, far back.

'Happiness is of particular concern to you and to many, and if words in the eighteenth century spoke of "life, liberty, and the pursuit of happiness," now there are many people who make the pursuit of happiness all but a full-time occupation.

'In ages past a question of such import would be entrusted to enquiry and dialogue philosophic. So one might argue, in brief, that true happiness is a supreme thing, and God is a supreme thing, and since there can not be two separate supreme essences, happiness and God are the same, a point which could be argued at much greater length and eloquence. And likewise how the happy man is happy not because he is propped up from without, by external circumstance, but has chosen virtue and goodness inside. And many other things.

'But, and this says much of today and its berzerkly grown science, in which the crowning jewel of superstring theory hath abdicated from science's bedrock of experiment, happiness is such a thing as one would naturally approach through psychology, because psychology is, to people of a certain bent, the only conceivable tool to best study to understand men.

'One can always critique some detail, such as the import of what psychology calls "flow" as optimal experience. The founder of positive psychology, Martin Seligman, outlined three versions of the good life: the *Pleasant Life*, which is the life of pleasure and the shallowest of the three; the *Engaged Life*, or the life of flow, called optimal experience, and the *Meaningful Life*, meaning in some wise the life of virtue.

'He says of the Pleasant Life that it is like vanilla ice

cream: the first bite tastes delicious, but by the time you reach the fifth or sixth bite, you can't taste it any more. And here is something close to the Orthodox advice that a surplus of pleasures and luxuries, worldly honours and so on, do not make you happy. I tell you that one can be lacking in the most basic necessities and be happy: but let this slide.

'Of the Meaningful Life, it is the deepest of the three, but it is but a first fumbling in the dark of what the Orthodox Church has curated in the light of day. Things like kindness and mercy have built in to the baseline, curated since Christ or rather the Garden of Eden, so Orthodox need not add some extra practice to their faith to obtain kindness or gratitude. Really, the number of things the Orthodox Church has learned about the Meaningful Life far eclipse the Philokalia: the fount is inexhaustible.

'But my chief concern is with the Engaged Life, the life of flow. For flow is not "the psychology of optimal experience," or if it is, the *theology* of optimal experience hath a different base. Flow is legitimate and it is a wonder: but it is not additionally fit to be a normative baseline for mankind as a whole.

'*Flow*, as it occurs, is something exotic and obscure. It has been studied in virtuosos who are expert performers in many different domains. Once someone of surpassing talent has something like a decade of performance, it is possible when a man of this superb talent and training is so engrossed in a performance of whatever domain, that sits pretty much at the highest level of performance where essentially the virtuoso's entire attention is absorbed in the performance, and time flies because no attention is left to observe the passage of time or almost any other thing of which most of us are aware when we are awake.

'It seemeth difficult to me to market flow for mass consumption: doing such is nigh unto calling God an elitist, and making the foundation of a happy life all but impossible for the masses. You can be a subjectivist if you like and say

that genius is five thousand hours' practice, but it is trained virtuoso talent and not seniority that even gets you through flow's door. For that matter, it is also well nigh impossible for the few to experience until they have placed years into virtuoso performance in their craft. Where many more are capable of being monastics. Monastics, those of you who are not monastics may rightly surmise, have experiences which monastics call it a disaster to share with you. That may be legitimate, but novices would do well not to expect a stream of uninterrupted exotic experiences, not when they start and perhaps not when they have long since taken monastic vows. A novice who seeth matters in terms of "drudgework" would do well to expect nothing but what the West calls "drudgework" for a long, long time. (And if all goeth well and thou incorporatest other obediences to the diminution of drudgery, thou wilt at first lament the change!) A monastic, if all goes well, will do simple manual labour, but freed from relating to such labour as drudgery: forasmuch as monastics and monastic clergy recall "novices' obediences", it is with nostalgia, as a yoke that is unusually easy and a burden unusually light.

'And there is a similitude between the ancient monastic obedience that was *par excellence* the bread and butter of monastic manual labour, and the modern obedience. For in ancient times monks wove baskets to earn their keep, and in modern times monks craft incense. And do not say that the modern obedience is nobler, for if anything you sense a temptation, and a humbler obedience is perhaps to be preferred.

'But in basket making or incense making alike, there is a repetitive manual labour. There are, of course, any number of other manual obediences in a monastery today. However, when monasticism has leeway, its choice seems to be in favour of a repetitive manual labour that gives the hands a regular cycle of motion whilst the heart is left free for the Jesus Prayer, and the mind in the heart practices a monk's *watchfulness* or *nipsis*, an observer role that

traineth thee to notice and put out temptations when they are a barely noticeable spark, rather than heedlessly letting the first temptation grow towards acts of sin and waiting until thy room be afire before fightest thou the blaze. This watchfulness is the best optimal experience the Orthodox Church gives us in which to abide, and 'tis no accident that the full and unabridged title of the Philokalia is The Philokalia of the *Niptic* Fathers. If either of these simple manual endeavours is unfamiliar or makes the performer back up in thought, this is a growing pain, not the intended long-term effect. And what is proposed is proposed to everybody in monasticism and really God-honoured marriage too, in force now that the Philokalia hath come in full blossom among Orthodox in the world, that optimum experience is for everyone, including sinners seeking the haven of monasticism, and not something exotic for very few.

‘And remember how thou wast admonished by a monk, perhaps in echo of St. James the Brother of God who said, “Let the brother of low degree rejoice in that he is exalted: But the rich, in that he is made low: because as the flower of the grass he shall pass away.” For thou wert in the trapeza, with the monk and with a janitorial lady, and he told the janitorial lady that she was fortunate, for her manual labour left her free to pray with her mind, and thou, a computer programmer at the time, wert unfortunate because thy work demanded thy full mental attention.

‘Forsooth! If thou canst have optimal experience, the Jesus Prayer in thy heart as the metronome of silence, if thy business were to weave baskets or craft incense, why not indeed can one attend to the Jesus Prayer, rising as incense before God, in mopping a floor or cleaning windows? For however great monasticism may be, it hath not aught of monopoly in meditative work and prayer before God. Marriage is the older instrument of salvation. The door is open, if thou canst do some manual labour, to do so in prayer to God. And monks are not alone permitted



prayerful manual labour: monasticism is but the rudiments of the Gospel, and if monasticism seeketh out perhaps a boon in prayerful manual labour, this is hardly a barbed wire fence with a sign saying that prayerful manual labour is reserved only for monastics.

‘Let us say that this is true, and the theology of optimum experience is virtually accepted for the sake of argument, or if thou preferest, thou mayest answer it “Yes” and “Amen.” Still, I say it is a quibble, compared to the darker import. Let us set the point aside, and with good reason.’

Then he paused, and ere a moment resumed explaining. ‘If I may pull a rare note from the wreckage postmodern, there is the concept of a semiotic frame, perhaps a myth, that determines a society’s *possibles et pensables*, that which is understood to be possible in a society, and that which is found to even be thinkable. The knife cuts well against some radicals. And people are in blinders about activism and psychology.

‘Think of thy feminist theology professor, who said both right and full that she believed in Tradition, and in the same breath placed Arius, the father of heretics, alongside St. Athanasius as equally full representatives of that Tradition. When in your theological anthropology class she picked two texts for disability, the obvious agenda, the one and only thing to do for autism (as her agenda fell) was to engage some activist political advocacy for to make conditions in some wise more favourable for that particular victim class. No expression of love was possible save additional political activism. And I would say, and thou wouldst say, that she were too political in her response, and not nearly political enough. (For when all is civil warfare carried on by other means, real concern for the life of the polis but starves.)

‘Yet one of these reading assignments contained what she did not grasp. Of the two, one was what could be straightforwardly be called either or both of political ideology and identity politics, and it was complete with the

standard, footnoteless, boilerplate opening assertion that no one else in the whole wide world could possibly have suffering that could be compared to that of one's own poor, miserable demographic.

'But the other text was different in many ways. It was entitled "Love Without Boundaries," and it was a text about love written by the father of a severely autistic son. This latter text did not come close to calling for agitation or plans for a better future: far from it—on these points it is silent. What it did do, however, was take an approach in asceticism, and learn to love without limits. The father did not and could not cure his son, but whether or not the father's love transformed his son, the love the father expressed transformed the *father*. His love was cut from the same cloth as the peace with oneself which St. Isaac and St. Seraphim with one voice exhort us to acquire, and the love the father expressed rendered him Godlike, in a humble, everyday, ordinary fashion.

'And in like wise to how thy professor automatically jumped to political activism as how one might exhibit right care for the severely autistic and other disabled, in this day and age the go-to discipline for understanding humans is psychology, and a psychology fashioning itself after hard science, introducing itself by what might be called *the physics envy declaration*: psychologists-are-scientists-and-they-are-just-as-much-scientists-as-people-in-the-so-called-hard-sciences-like-physics.

'It is a side point that psychologists treat subjects as less-than-human: a near-universal feature of psychological experiment is some stripe of guile, because psychological experimental value would be ruined under normal conditions of intelligent and informed cooperation between fellow men. (Though the enterprise may be named "psychology", the name were oafishly or treacherously applied: for the name be drawn from the Greek for the study that understands the psyche or soul, a *psyche* or soul is precisely what the discipline will not countenance in

man.) Forsooth! Men running experiments think and make decisions; subjects in experiments are governed by laws. Moreover, since physics hath worked long and hard to de-anthropomorphise what it studies, physics envy biddeth psychology to seek well a de-anthropomorphised theory of *ἄνθρωπος* (*anthropos*), man.

‘It hath been noted, as psychology reinvent more of religion, that classical clinical psychology can raise a person suffering from some mental illness to be as normal, but nought more. And so positive psychology chaseth after means of enhancement and excellence, to best make use of giftedness. Meanwhilst, whilst this invention is brand new, it is well over a millennium since monasticism was at one stroke a hospital for repentant sinners and an academy for excellence.

‘The point primarily to be held is that psychology is not the ultimate real way, but one among many ways, of understanding how people work, and one that hath stopped its ear to our being created in the image of God. All great Christian doctrines are rendered untranslatable. The article form of what is also thine advisor’s thesis hath as its subtitle “From Christian Passions to Secular Emotions,” and it discusseth the formation of psychology as an emergent secular realm which hath displaced older candidates. But in the West before the reign of psychology there were pastoral paradigms for understanding the human person, and thou knowest that one of the first technical terms Orthodoxy asketh its converts to learn is “passion:” and if the passions thine advisor hath discussed are not point-for-point identical to the passions repented of in Eastern Orthodoxy, still they be by far closer than any of the several emergent framings and meanings of “emotion” as pushed for in the discipline of psychology.

‘That there be a common term for psychology, and more dubiously one for what it replaced, is of little import for us. The term “pneumatology” may have existed and named practitioners from an older tradition; but such were under

religious auspices. The study and field of communication is, among fields of enquiry studied in the academy, of vintage historically recent: yet it would be right stunning to deny that people communicated, and tried better to communicate, before the change when a university department door now heralded and announced, "DEPARTMENT OF COMMUNICATION."

'And what has psychology done since being established as a secular arena? Robert Heinlein in *Stranger in a Strange Land* gets on very quickly to utterly dismissing marriage. But no sooner does Michael stop flailing marriage's lifeless corpse, but he hath made a gaping hole and buildeth up a bond of water brotherhood that is meant to be every bit as heroic, beautiful, and magnificent, that the only remaining way to make water brotherhood truly more wondrous and amazing were to enlarge it until it grew to become true marriage.

'Psychology, whilst being secular, in its completion offers ersatz religion that, though meant to be value-free, provides a secular mystical theology. That this secular religion, fit for all religions and patients, uses guided imagery allegedly from some generic copy-paste of Chinese medicine, Tibetan Buddhism, Native American traditions, and goeth back to Graeco-Roman times; mindfulness from Buddhism's Eightfold Noble Path; and yoga from Hinduism is but an illustration of G.K. Chesterton's observation: *the man who does not believe in God does not believe in nothing; he believes anything*. But put this aside and take psychology's claim of secularity at face value. The *Philokalia* is scarcely but a library of collected works about how to rightly live the inner life. It is not in the main concerned with pleasure or joy: but it has an infinite amount to say about repenting from sins that bear Hell each and every one. Psychology does not trade in temptation, sin, or passion: but it too offers a rudder for one's inner life, and if it teacheth not the extirpation of things that sully the soul's purity, it has infinite reach in a battleplan to not be

conquered by negative emotion.

‘And if I may speak to thee of TED talks, there is probably a TED talk to be made, “The Trouble with TED,” for they exacerbate this. As thou knowest, one talk gave the staggering announcement that after decades of each generation having higher self-esteem than the last, and the lamented consequence arising that our youth in particular reach record levels of narcissism. Well might she announce that if thou sprayest fuel around and throwest lighted matches on the fuel, sooner or sooner thou wilt have a blaze about thee.

‘She also talked about self-touch, about it being soothing to place thy hand over thy heart. Forsooth! This is placed among the same general heading of making love without a partner. Not a whisper was heard mentioning affection towards another person, or for that matter a pet; the remedy stepped not an inch away from solipsism. Monks as thou knowest are admonished to refrain from embraces: be that as it may, it would be healthier for a monk to embrace another than to embrace himself.’

I said, ‘What is the trouble with TED? For I sense something askance, yet to put a finger on it is hard.’

His All Holiness answered me and said, ‘All world religions have grandeur, and for an analysis secular all world religions represent a way that a society can live together and persevere. Hinduism is not the sort of thing one *uses up*, whether across years, lifetimes, or centuries even; its spiritual paths are millennia old, and to destroy it would likely take nuclear war or an apocalyptic event. By contrast, remember thou how thou hast said, “No form of feminism that has yet emerged is stable:” easily enough one finds the living force of body image feminism today, whilst it would scarce be live in the academy in fifty years. Thy friend answered thy remark of something called “Christian feminism,” which articulates how traditional Christianity cares for, and seeks, the good of women: for an example, it takes politically incorrect words about husbands and wives

and offers the breathtaking change of addressing women as moral agents, and never telling husbands to keep wives in line. That is if anything the exception that proves the rule: for it may bear the external label of “feminism,” but its core be much slower to decay than any feminism at all, for it is *not* feminism at all. In thy feminist theology class one author said that in feminist theology, “all the central terms are up for grabs.” Meanwhilst, remember thy superior when thou wert an assistant at a bookstore. He hath told thee that books of liberal theology have a shelf life; after five years, perhaps, they are hard to sell. Meanwhilst, his shop published and sold Puritan sermons three centuries old. Thou mayest have a care that they are heterodox: but do not have a care that they will go out of fashion, or if they do go out of fashion, it will not be because the sermons lost their appeal to future Protestants seeking Biblical faith, but something else hath changed features of Protestantism that have survived since the Reformation.

‘Thou needest not refute TED talks; a few years and a given talk will likely be out of fashion. There is something in the structure of TED that is liberal, even if many talks say nothing overtly political: forasmuch, there is more to say than that they are self-contained, controlled, plastic things, where world religions are something organic that may or may not have a central prophet, but never have a central planner. TED is a sort of evolving, synthetic religion, and it cannot fill true spiritual hunger.

‘But let us return to psychology, or rather treat psychology and TED talks, for psychology hath of ages hoped for a Newton who would lead them into the Promised Land full status of being scientists. The study of Rocks and Nothing is the exemplar after which to pattern the study of Man. Forsooth! The problems in psychology are not so much where psychology has failed to understand Man on the ensample of empirical science. The real concerns are for where they have *succeeded*.

‘In a forum discussion thou readst, a conversation

crystallised on care for diabetes, and cardinally important advice not to seek a book-smart nurse, but a diabetic nurse. For it is the case with empirical science that it entirely lacketh in empirical character. In psychology, as oft in other disciplines, a sufficiently skilled practitioner can pick up a book about part of the subject he does not yet understand, and understand well enough what there is to understand. Understanding were never nursed on the practice of direct experience, and understanding here is malnourished.

‘However, the Orthodox Church with monasticism as its heart has *genuine empiricism* as its spine; you know with the knowing by which Adam knew Eve. All else is rumour and idle chatter. If there are qualifications to being a spiritual father, one of the chief of these must be that he speaks and acts out of first-hand encounter and first-hand knowledge, not that he learned by rumour and distortion. Dost wish that thou be healed by a spiritual physician? Seek thou then a man which will care for thee as a diabetic nurse.’

## **Song V.**

### **O Holy Mother!**

O Holy Mother! Art Thou the Myst’ry?  
 Art Thou the Myst’ry untold?  
 For I have written much,  
 And spent much care,  
 In The Luddite’s Guide to Technology,  
 And looked all the whilst,  
 Down the wrong end,  
 Of the best telescope far and away that I could find.  
 I have written of man and creation defiled,  
 Yet for all my concerns,  
 Of so-called ‘space-conquering technologies,’  
 Which it beseemeth me ‘body-conquering technologies,’  
 Sidestepping the God-given and holy bounds,

Of our embodied state,  
Where better to seek healing,  
For an occult-free simulation,  
Of the unnatural vice of magick arts,  
Than in the perfect creaturely response,  
'Behold the handmaiden of the Lord.  
Be it unto me according to thy word.'  
Then, the gates, nay, the foundations,  
The foundations of Hell began a-crumbling,  
The New Eve, the Heavenly Mother,  
Whom Christ told the Disciple,  
'Behold thy Mother!'  
In Her is the microcosm of Creation aright,  
And She is the Friend and Comfort,  
Of the outcast, and the poor:  
My money, my property, I stand to lose:  
But no man can take from me,  
A Treasure vaster than the Heavens;  
Perhaps I would do well,  
To say little else of technologies progressively degrading  
humanity,  
And pray an Akathist to the Theotokos,  
And put a trust in Her that is proto-Antiochian,  
Rather than proto-Alexandrian,  
And give Her a trust in the great Story,  
Diminished not one whit,  
If She happeneth not to be a teacher,  
Offering such ideas as philosophers like:  
Her place in the Great Story is far greater than that:  
And such it is also,  
With illuminèd teachers,  
Who offer worship to God as their teaching,  
And are in travail,  
Until Christ be formed in their disciples.



## V.

He said, ‘But let us return to the pursuit of happiness, which hath scathingly been called “the silliest idea in the history of mankind.” And that for a junior grade of pursuing happiness, not the clone of a systematic science which worketh out a combination of activities and practices, an America’s Test Kitchen for enjoying life, studying ways of manipulating oneself to produce pleasure and happiness.

‘It were several years ago that thou tookest a Fluxx deck to play with friends, and the group included five adults and one very little boy. So the adults took turns, not just in their moves, but (for a player who had just played a move) in paying attention to the little one, so that he were not looking on a social meeting that excluded him.

‘When it were thy turn to look after the boy, thou liftedst him to thy shoulders and walkedst slowly, gingerly, towards the kitchen, because thou wishedst to enter the kitchen, but thou wert not sure thou couldst walk under the kitchen’s lower ceiling without striking his head.

‘Shortly after, thou realizedst three things: firstly, that the boy in fact had *not* struck his head on the kitchen ceiling, even though you had advanced well into the kitchen area; secondly, that the boy was dragging his fingers on the ceiling; and thirdly and finally, that he was laughing and laughing, full of joy.

‘That wert a source of pleasure that completely eclipsed the game of Fluxx, though it were then a favourite game. And when thou askedst if it were time for thy next move, it were told thee that the game was won.

‘In the conversation afterwards, thou wert told a couple of things worthy of mention.

‘First, and perhaps of no great import, thou gavest the boy a pleasure that neither of his parents could offer. The boy’s father wert a few inches taller than thee, and were he to attempt what thou attemptedst, he in fact *would* have struck his son’s head against the ceiling. The boy’s mother

could not either have offered the favour to her son; whether because her thin arms were weaker, or something else: God wot.

‘Second of all, as mentioned by an undergraduate psychologist, it gives people joy to give real pleasure to another person, and the case of children is special. She did not comment or offer comparison between knowing thou hast given pleasure to any age in childhood and knowing thou hast given pleasure to an adult, but she did comment, and her comment were this: the boy were guileless: too young to just be polite, too young for convincing guile, perhaps too young for any guile worthy of the name. That meant, whether or not thou thoughtest on such terms, that his ongoing and delighted laughter were only, and could only be, from unvarnished candour. Wherewith thou hadst no question of “Does he enjoy what I am doing with him, or is he just being polite?” Just being polite were off the table.

‘And this is not even only true for the royal race of men. Thou hast not right circumstance to lawfully and responsibly own a pet, but without faintest compromise of principle, thou visitest a pet shelter nearby to thine own home, and at the shelter also, guile is off the agenda, at least for the pets. A cat can purr, or if it hath had enough human attention for the nonce and thou hast perhaps not attended to its swishing tail, a light nip and swipe of claw is alike of unvarnished candour. Whereby thou knowest of a truth what a cat desireth and conveyeth if it purreth and perchance licketh thine hand.

‘Which were subsumed under a general troth, that it is better to serve than to be served, and it is better to give than receive. What is more, the most concentrated teaching about who be truly happy is enshrined in the Sermon on the Mount, and enshrined again as the shorthand version of that great Sermon chanted in the Divine Liturgy:

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.

“The word translated, “blessed,” *μακαριος* (*makarios*, hath what we would count as at least two meanings in English: “blessed,” and “happy.” Among English Bible translations there are some, but a few, translations which render the word as “happy,” including Young’s Literal Translation:

Happy the poor in spirit — because theirs is the reign of the heavens.

Happy the mourning — because they shall be comforted.

Happy the meek — because they shall inherit the land.

Happy those hungering and thirsting for righteousness — because they shall be filled.

Happy the kind — because they shall find kindness.

Happy the clean in heart — because they shall see God.

Happy the peacemakers — because they shall be called Sons of God.

Happy those persecuted for righteousness' sake —  
 because theirs is the reign of the heavens.  
 Happy are ye whenever they may reproach you, and  
 may persecute, and may say any evil thing  
 against you falsely for my sake — Rejoice ye  
 and be glad, because your reward bis] great in  
 the heavens, for thus did they persecute the  
 prophets who were before you.

‘In English this is usually, but not always, found in more free translations; the Amplified Bible naturally shines in cases like these as an deliberately unusual translation style intended to render two or more faces of an ambiguity or a phrase bearing multiple meanings. Other languages can be different; in French, for instance, there are separate words *béni* and *heureux* which respectively mean “blessed” and “happy,” but *heureux* appears to be the term of choice in French translation of the Beatitudes.

‘Here, though, the Gospel hath aught in common with Plato. Plato investigated happiness, and the Greek term used was εὐδαιμονία, *eudaimonia*, almost exactly a literal equivalent to “in good spirits,” but the literal sense was taken much more seriously and much farther. It was a primary term for happiness, but what was seen as true happiness was having one’s spirit in good health. This happiness would not be easily confused by counterfeit pleasures such as one can immediately procure with narcotics; and the point is not that real-world narcotics create addiction and horrible misery. The happiness would be just as counterfeit in the pleasure of a person unhealthy in spirit to take some imaginary narcotic that created intense and endless pleasure, without either addiction or the misery that loom in the grievous backswing of narcotic pleasure.

‘Thou rememberest thy surprise, when reading thine undergraduate psychology text, when thou readedst what wert said of the pleasure principle. For the pleasure

principle art an artifact of bad philosophy, which noting perchance that most of our actions bring some pleasure or pleasing result, assumes and defines that every action anyone ever takes is that which is calculated to bring thee the most pleasure. In settings less far back, thou hast listened to people saying that the only motivation anyone takes for any action is that it is calculated to bring them the greatest economic profit, and thou hast borrowed an answer, to say that several people have essayed to convince thee of this as truth, and so far as thou knewest, not one of them stood to gain financial profit from convincing thyself of this purported truth.

“Thy textbook, like those who try to convince with a charming smile where a reasoned argument is ordinarily polite to offer, said that it were more a virtue than a vice to show kindnesses to others because one enjoyed the feelings it gave, and thou hadst two answers in thy heart: first of all, past the sugar-coating of “more a virtue than a vice” lies an assertion that virtue is impossible in principle, and secondly, that the only theoretical possibility thou couldst care for the poor in order to help thy fellow men is if one received absolutely no pleasure or consolation in any stripe or dimension to care for the poor out of a genuine motive of benefitting others and not whatever probable pleasures their generosity and service might come back their way. That appalling price tag reaches beyond exorbitant. And thou desirest to speak of a “masochism principle” or “pain principle” whereby all decisions and all actions at all times by all men are whatever is calculated to bring them the greatest sufferings, alike useless to assert for any philosopher worthy of the name. It is hardly to be denied that most decisions bring some pain or have some downside on the part of the persons who make them, so a pain principle mirroring a pleasure principle is alike unprovable, and alike unfalsifiable, an untestable guess that hath not any place in science and scarcely more any place in disciplines seeking to be established as science. It was not

until later that thou readst a competent philosopher who said that the existence of pleasure and a reward does not in and of itself make any action which brings pleasure to be motivated solely as a means to obtain pleasure. The thought-experiment were posed, that a man who gives to the poor and enjoys doing so were offered a pill which would give him the full pleasure and benefits of his generosity, but do nothing at all for the practical needs of the poor, would be in but rare cases utterly spurned as a right empty and worthless counterfeit.

## **Song VI.**

### **Crossing the Great Threshold.**

The tale were told,  
 Of a child starkly scant of mind,  
 Who received a glittering package, a gift,  
 And kept the glittering package,  
 Indeed taking it with him well nigh everywhere,  
 And after long time,  
 When the disposable wrapping paper,  
 Were well battered and now dingy,  
 An adult asked,  
 ‘Aren’t you going to open the package?’  
 The child exclaimed with joy,  
 Once the toy emerged from the tatters,  
 And squealed with joy, saying,  
 “Oh, there’s *another* present!”  
 My Lord and my God!  
 Perhaps I will never open,  
 The Sermon on the Mount.

## **VI.**

I said myself then, ‘O John! O glorious Saint John!  
 Canst thou lead me on a path into the The Sermon on the

Mount? For I have trod the path of self-direction, and it well nigh destroyed me.'

Then the Saint said to me, 'Thanks to thee, son, for thy request. I awaited that thou mightest ask, for that thou mightest have the Heavenly reward for asking.

'That which you ask were a work of years or lifetimes; let me chase a humbler quarry: unfolding the first verse only of that great Sermon, which declareth the poor in spirit to be blessed and happy. I will speak to you of the riches of poverty but not the heights of humility, though they be one and the same. Though I may call on other verses to tell what riches are in poverty, I will make no attempt to unfold these other Beatitudes, though to them that which declared the blessedness of poverty that wert one and the same. And I tell thee, through thine interests, that to be poor in spirit is to be no self-sufficient solipsist; rather, it is utterly dependent on the infinite riches of God, and that it is royal: for kings are forbidden to touch money, and in another sense all Christians and especially all monastics are forbidden to touch aught possession, not solely money, in stead of grasping as did the rich young ruler. But poverty be the unstopping of yon Sermon, an unstopping of virtue in which flowing fount eclipseth flowing fount.

That true poverty extendeth beyond a lack of possessions is taught by calling those blessed who are "poor in spirit," beyond mere poverty of the body, and it is taught that the monastic vow of poverty includeth the other two: for a monk is bereft of the normal blessing of holy matrimony, and even of his own self-will. *That* thou knowest as treasure, for thou wishest to trade thine own idiorrhythmic self-direction for a coenobetic monastery, and to speak even more plainly, the direction of an abbot.

'In the Sermon on the Mount, poverty beseemeth to be special, for there are two passages: that which commendeth the storing treasures up in Heaven and rejecting the storing up of treasures on earth, then discussion of the eye as the lamp of the body, then exhortation to take no thought for

the morrow, for God knoweth and willeth to care for our needs. And when thou hast wealth, be merciful to others, and thou wilt be repaid at great usury by thy true Debtor, God.

‘In fact there is one passage and topic, the longest though length in verses is a trivial measure. The tri-unity is harder to see in modern translations that translate something out to be accessible; one reads of one’s eye being “healthy” or “sound”. The King James version rightly renders “single”, for an undivided wholeness. Fr. Thomas Hopko hath said, before the surge of enthusiasm for mindfulness, “*Be awake and attentive, fully present where you are.*” This attentiveness and full presence is the operation of an activity that is *single*, that neither layeth up possessions, nor defendeth them in worry, nor doubteth that the God who provideth will overlook thee in His care. In all these is dispersal and dissipation. Poverty of spirit maketh for singleness of eye, and a singleness destroyed by so many of the technologies you trade in.

‘It has from ancient times been reckoned that if thou givest to the poor, God is thy Debtor, and under what you would call third world living conditions, I told married Christians to leave to their children brothers rather than things. This too is poverty of spirit, even if it belong only in marriage, in a condition monks renounce. Thou hast read of those who suggest that thou asketh not, “Can I afford what I need?” but “Do I need what I can afford?”

‘It is monastic poverty that monastics do not defend themselves, not only by force, but even with words, showing the power that terrified Pontius Pilate. It is monastic poverty not to struggle again over any temporal matter. It is poverty of spirit not to have plans, nor, in the modern sense, an identity. For in ancient times, Christians who were martyred, answered when asked their names, none other than “Christian.” And beyond this further layers yet beckon. Poverty is not an absence of treasures; it is a positive, active, thing that slices sharper than any two-edged sword. And



monks who renounce property sometimes have something to say beyond “Good riddance!” The force of the rejection, and the freedom that is gained in letting riches go, is more like the obscene and *thundering* announcement: “I lost 235 pounds in one weekend!”

“Thou readedst a church sign saying, “Who is rich? The person who is content.” And I tell thee that thou canst purchase by poverty of spirit many times and layers more than contentment with what thou possessest now. I have not even scratched the surface of experiences of monastics who were poor in spirit to a profound degree, but thou knowest that there are limits to what is lawful for me to utter to thee, and thou knowest that thou art not bidden to chase after experiences, but seek to repent of thy sins for the rest of thy life, which thou knowest to reckon as monastic privilege.’

## **Song VII.**

### **I Sing a Song to my Apple.**

Betimes my salad days were right begun,  
I programmed an Apple ][,  
In gradeschool adventure games and a 4D maze,  
Simple arithmetic- and trigonometric-powered animations.  
My father a computer scientist,  
Who shared with me his joy,  
And in high school a Unix system administrator became.  
My family got, and still hath the carcass,  
Of one original ‘fat Mac’,  
So named because it had an available maximum 512k of  
RAM.  
My calculator in high school,  
On which I programmed computer-generated art,  
And a simple video game, had as much.  
Ere my salad days were dwindled,  
I remained a Unix programmer,

And judged Mac OSX my preferred flavor of Unix.  
Later I had iPhones,  
And for the first time in my life,  
Owned a computer where I lacked root privilege.  
Along the way I got an Apple Watch,  
My desire increased as I read about it,  
And vanished when I learned it were,  
Bereft of such things as even a web browser.  
I gave it to my brother,  
Who later gave it back before it broke.  
I sing a song to my Apple,  
A peerless 17" MacBook Pro,  
Which through minor design flaw,  
Burned through video cards oft enough,  
And when the Apple Store stopped receiving those cards,  
So with it went any hope of keeping my Mac without  
frequent \$500 repairs.  
And along the way,  
With the sweetness of a Linux virtual machine,  
Realized that OSX had grown monstrous as a version of  
Unix.  
When I asked about one cardinaly important open source  
project,  
I were told that Apple had removed parts of the operating  
system,  
That the project needed to run,  
But information technology work in my Linux virtual  
machine,  
Was the command line equivalent of point and click.  
It were a discovery as if I had returned to Paradise.  
I sing a song to Apple's technical support,  
For when I asked a question,  
About command-line-driven Apache configuration,  
It took escalations up to level 3 technical support,  
Before a Genius knew that Macs *have* a command line.  
I purchased a computer meant to last many years.  
I sing a song to my late iPhone,

Bewailed by men who made the Mac great,  
Which slipped a pocket near a food bank,  
Booted my laptop into Windows and found,  
That Find My iPhone was now rendered useless.  
I went to see an Apple Store,  
And received a followup call,  
Giving a good ten days before I could access my iPhone,  
And found out also that Macs were as useless,  
As my computer booted into Windows,  
To Find My iPhone.  
Once I had one from each four,  
Offerings for Apple computers:  
A laptop one, an iPad one,  
An iPhone one, an Apple Watch one;  
And ere I were negotiating,  
For to buy a replacement iPhone on eBay,  
I said that there were many Android devices within my  
budget,  
And whilst in bed realized,  
I wanted full well that the negotiation fail.  
Apple's indirect gift to desktops may be Windows,  
And Apple's indirect gift to smartphones may be Android;  
For surely no iPhone killer before Android even came close.  
Certainly Windows Mobile answered the wrong question.  
But even if one may argue, legitimately,  
That a Mac and a PC have grown remarkably similar,  
And iOS and Android are also more alike than different,  
I was not poisoned by technical merits.  
I was poisoned by the corporate mindset,  
That all but killed my prospects,  
Of finding my iPhone before the battery were drained  
completely,  
And when I called my iPhone to perchance find it in my car,  
I went to voicemail immediately:  
My iPhone's battery wert already dead.  
I had known, but not paid attention earlier,  
To Steve Jobs as beyond toxic, as a boss;

Screaming and abusive,  
To employees he had every reason to cherish,  
And after a technical fumble,  
Publicly fired an Apple technician,  
At an employee motivational event.  
And I believed it.  
More disturbed I was,  
When I read of Jobs's spiritual practices,  
Such as an Orthodox might interpret,  
As opening the mind to listen,  
And draw the milk of dragons.  
Technology does things for us,  
Though I have found that when I shared my iOS devices  
with children,  
Squabble and squabble ensued.  
Technology does things for us,  
But this Trojan horse does things for devils also,  
Who cannot give exquisitely beneficial gifts,  
Even wert they to try.  
The power of devils is real but limited:  
Such teaches the Philokalia,  
Which though it be filled with love of the beautiful,  
Says more about the operations and activities of devils,  
Than aught else that I have read.  
And one thing it sayeth,  
Through Orthodox Christian Tradition,  
Says that devils can tell a man's spiritual state,  
And try to inject venomous thoughts in temptation,  
Where men have free will, still,  
The devils cannot read minds,  
Even if they by ruse give one man certain thoughts,  
Sting another that the thoughts are in the first man,  
And behold, they speak and art deceived,  
That devils can read people's minds.  
Devilish predictions are called guesses,  
Which are sometimes wrong,  
The devils see a man walking to journey,

And guess that he travels to visit another specific man,  
 But 'tis guesswork; devils can well enough be wrong.  
 St. Nilus's alleged prophecies are dubious at present,  
 But we may not yet be in the clear.

And if the U.S. has been called "One nation under  
 surveillance,"

Where No Such Agency has received every email,  
 It is now clear and open knowledge,

To those that will reflect,

That among most most Americans,

'Every breath and step Americans take,'

Is monitored by Big Brother,

But perhaps it is not just human agencies,

That reap the information collected.

++ungood

(Did anyone besides my most reverend Archbishop mention  
 that it used to be that you had to seek out pornography, and  
 leave your car in front of a store with papered-over  
 windows, and wear your trenchcoat disguise for the  
 mission, whereas now *pornography* seeks *you*?

It is something like a water cooler that hath three faucets,  
 Serving cold water, hot water, and antifreeze,

And the handles perplexing in their similitude.)

## VII.

The Saint turned to me and said, 'I would remind thee  
 of Fr. Thomas's famous 55 maxims:

### **55 Maxims by Fr. Thomas Hopko**

1. Be always with Christ and trust God in everything.
2. Pray as you can, not as you think you must.
3. Have a keepable rule of prayer done by

discipline.

4. Say the Lord's Prayer several times each day.
5. Repeat a short prayer when your mind is not occupied.
6. Make some prostrations when you pray.
7. Eat good foods in moderation and fast on fasting days.
8. Practice silence, inner and outer.
9. Sit in silence 20 to 30 minutes each day.
10. Do acts of mercy in secret.
11. Go to liturgical services regularly.
12. Go to confession and holy communion regularly.
13. Do not engage intrusive thoughts and feelings.
14. Reveal all your thoughts and feelings to a trusted person regularly.
15. Read the scriptures regularly.
16. Read good books, a little at a time.
17. Cultivate communion with the saints.
18. Be an ordinary person, one of the human race.
19. Be polite with everyone, first of all family members.
20. Maintain cleanliness and order in your home.
21. Have a healthy, wholesome hobby.

22. Exercise regularly.
23. Live a day, even a part of a day, at a time.
24. Be totally honest, first of all with yourself.
25. Be faithful in little things.
26. Do your work, then forget it.
27. Do the most difficult and painful things first.
28. Face reality.
29. Be grateful.
30. Be cheerful.
31. Be simple, hidden, quiet and small.
32. Never bring attention to yourself.
33. Listen when people talk to you.
34. Be awake and attentive, fully present where you are.
35. Think and talk about things no more than necessary.
36. Speak simply, clearly, firmly, directly.
37. Flee imagination, fantasy, analysis, figuring things out.
38. Flee carnal, sexual things at their first appearance.
39. Don't complain, grumble, murmur or whine.
40. Don't seek or expect pity or praise.
41. Don't compare yourself with anyone.
42. Don't judge anyone for anything.

43. Don't try to convince anyone of anything.
44. Don't defend or justify yourself.
45. Be defined and bound by God, not people.
46. Accept criticism gracefully and test it carefully.
47. Give advice only when asked or when it is your duty.
48. Do nothing for people that they can and should do for themselves.
49. Have a daily schedule of activities, avoiding whim and caprice.
50. Be merciful with yourself and others.
51. Have no expectations except to be fiercely tempted to your last breath.
52. Focus exclusively on God and light, and never on darkness, temptation and sin.
53. Endure the trial of yourself and your faults serenely, under God's mercy.
54. When you fall, get up immediately and start over.
55. Get help when you need it, without fear or shame.

The Saint continued: 'Wouldst thou agree that we are in a high noon of secret societies?'

I answered, 'Of a troth.'

He asked, 'Wouldst thou agree that those societies are



corrosive?’

I answered, ‘As a rule, yes, and I wit that Orthodox are forbidden on pain of excommunication to join the Freemasons.’

He spoke again and asked me, ‘And hast thou an opinion about the assassination of JFK, whether it wert a conspiracy?’

I said, ‘A friend whose judgement I respect in matters political hath told me an opinion that there in fact was a conspiracy, and it were driven by LBJ.’

He said, ‘And hast thou spent five full minutes in worrying about either in the past year?’

I said, ‘Nay.’

He said, ‘Thou hast secular intelligence if thou canst ask if “surveillance from Hell” in an obviously figurative sense might also be “surveillance from Hell” far more literally speaking, but such intelligence as this does not help one enter the Kingdom of Heaven. The devils each and every one are on a leash, and as thy priest hath said many times, *every thing that happeneth to us is either a blessing from God, or a temptation that God hath allowed for our strengthening*. Wherefore whether the devils have more information than in ages past, thou wert still best to live:

Focus exclusively on God and light, and never on  
darkness, temptation and sin.

## **Song VIII.**

### **A Hymn to Arrogance.**

The Saint opened his Golden Mouth and sang,  
‘There be no war in Heaven,  
Not now, at very least,  
And not ere were created,  
The royal race of mankind.

Put on your feet the Gospel of peace,  
And pray, a-stomping down the gates of Hell.  
There were war in Heaven but ever brief,  
The Archangel Saint Michael,  
Commander of the bodiless hosts,  
Said but his name, "Michael,"  
Which is, being interpreted,  
"Who is like God?"  
With that the rebellion were cast down from Heaven,  
Sore losers one and all.  
They remain to sharpen the faithful,  
God useth them to train and make strength.  
Shall the axe boast itself against him that heweth therewith?  
Or shall the saw magnify itself against him that shaketh it?  
As if the rod should shake itself against them that lift it up,  
Or as if the staff should lift up itself,  
As if it were no wood.  
Therefore be not dismayed,  
If one book of Holy Scripture state,  
That the Devil incited King David to a census,  
And another sayeth that God did so,  
For God permitted it to happen by the Devil,  
As he that heweth lifteth an axe,  
And God gave to David a second opportunity,  
In the holy words of Joab.  
Think thou not that God and the Devil are equal,  
Learnest thou enough of doctrine,  
To know that God is greater than can be thought,  
And hath neither equal nor opposite,  
The Devil is if anything the opposite,  
Of Michael, the Captain of the angels,  
Though truth be told,  
In the contest between Michael and the Devil,  
The Devil fared him not well.  
The dragon wert as a little boy,  
Standing outside an Emperor's palace,  
Shooting spitwads with a peashooter,

Because that wert the greatest harm,  
 That he saweth how to do.  
 The Orthodox Church knoweth well enough,  
 ‘The feeble audacity of the demons.’  
 Read thou well how the Devil crowned St. Job,  
 The Devil and the devils aren’t much,  
 Without the divine permission,  
 And truth be told,  
 Ain’t much with it either:  
 God alloweth temptations to strengthen;  
 St. Job the Much-Suffering emerged in triumph.  
 A novice told of an odd clatter in a courtyard,  
 Asked the Abbot what he should do:  
 “It is just the demons.  
 Pay it no mind,” came the answer.  
 Every devil is on a leash,  
 And the devout are immune to magic.  
 Thou shalt tread upon the lion and adder:  
 The young lion and the dragon shalt thou trample under  
 feet.  
 The God of peace will soon crush Satan under your feet.  
 Wherefore be thou not arrogant towards men,  
 But be ever more arrogant towards devils and the Devil  
 himself:  
 “Blow, and spit on him.”

## VIII.

I told St. John, ‘I have just read the panikhida service, and it appeareth cut from the same cloth as the divine services in general.’

He said, ‘Doth that surprise thee?’

I said, ‘Perhaps it should not. But the Philokalia describes a contrast between life and death: for instance, in the image of an inn, where lodgers come for a night, bearing whatever they possess; some sleep on beds, some sleep on

the floor, but come daybreak, all of them pick up their belongings and walk on hence.’

He said, ‘How readest thou that parable?’

I said, ‘In this life, some live in riches, and some in poverty, but all alike leave this life carrying only their deeds with them. The last English homily I heard, the priest quoted someone who said, “I have never seen a trailer attached to a hearse.” Which were, “You can’t take it with you,” save that terrifying tale of a monk who died with over a hundred gold pieces. (’Twas said he was not avaricious, but merely stingy.) When he died, the community discussed what to do with his nigh incalculable sum of wealth: some suggested a building or other capital project, others some kindness to the poor. And when all was discussed, *they buried all the gold with him*, a costly, potent reminder to monastics that they should not want to be buried with even one gold piece. But the monk could not take the gold with him ere it were buried with him.’

The Saint told me, ‘Thou hast read part of Prayers by the Lake, in which St. Nikolai says that birth and death are an inch apart, but the ticker tape goes on forever.

‘Rememberest thou also that in the Philokalia we read that those who wish one suffering to die were like one holding a deeply confused hope hope that a doctor would break up the bed of a sick man? For our passions we take with us beyond death, which passions the body mediateth to some degree.’

I said, ‘May I comment something? Which soundeth as a boast?’

He said, ‘Speak on.’

I said, ‘I am mindful that I am mortal, and that I am the chief of sinners. But the day of my death be more real to me than my salvation, and that I be the chief of sinners eclipseth that God be merciful. I have needed the reminder of the core promise in For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor

depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord. Thus there be twain of deep pairs, and I have of the twain grasped each one the lesser alone.'

He said, 'Hast thou not been astonished at God's perfect Providence of years betimes?'

I said, 'Yes.'

He said, 'What thou sayest resoundeth not as boasting in my ears, but many people have wished for the remembrance of death and not reached it, no, not in monasticism even.'

I asked, 'Will I reach monasticism?'

He smiled at me, and said, 'Whither askest thou the future? It is wondrous.'

He said, 'Remembrance of death doeth not to drain life. It is a reminder that life is not a dress rehearsal: or rather that it is a dress rehearsal, and *our performance in this rehearsal determineth what we will meet the Resurrection having rehearsed.*

'With death cometh a realization of, "I shall not pass this wise again."

'Such death as we have giveth life a significance eternal in its import. For thou knowest that all ye in the Church Militant stand as it were in an arena before God and His Christ, before all the saints and angels and even devils, as God's champions summoned to vindicate God as St. Job the Much-Suffering and others vindicate God. And whereinever thou triumphest, Christ triumpheth in thee.

'Knowest thou not that the saints who have run the race and be adorned with an imperishable and incorruptible crown stand about all ye, the Church Triumphant cheering on the Church Militant until every last one hath crossed the finish line in triumph?

'Knowest thou not that every saint and angel, the Mother of God and Christ enthroned on high, all cheer ye who still run the course, each and every one?

'The times preceding the Second Coming of Christ are

not only apocalyptic; they are the very thing which giveth the term “apocalyptic” its meaning in thy day. And they be trials and tribulations which perhaps will happen in ages later on, and perhaps may already be begun. But in the end Christ will triumph, and all alike who are faithful. And if thou art alive for the Second Coming of Christ, or if not, God hath provided and will provide a way for thee. Be thou faithful, and remember, “The righteous shall live by his faith.”

I said, ‘I should like to know where God will lead me. I can guess promises of good, but I am happier at least leaving a vessel open for God to fill.’

The Saint’s face began to glow, and he said, ‘In my day, I said something you may have met in the Reformers: that the age of miracles was no more, or in crasser tongue, “God wrote the book and retired.” So I called “opening the eyes of the blind” to be cleansing eyes from lust, which wert a fair claim in any case, and in particular if there miracles are no more. Thou, it seemeth, art in another age of miracles, or perhaps the age of miracles has never stopped from before the Nativity of Christ, but hath merely hid from time to time. Thou knowest thyself not to be the Orthodox Church’s fourth Theologian, but thou hast known some beginnings of theology already, and hath seen more miracles in thine earthly pilgrimage than have I. I perchance engaged in rhetorical discourse about God, and never on earth saw the Uncreated Light. Thou hast seen icons like and thou hast also seen a photograph of inside an altar, where paten and chalice glowed purest white, and unlike mine own self, thou hast been anointed with more than one miraculous oil, dear Christos...’

Then he bowed deeply, and prostrated himself before me, and his face glowed brightly, brightly, ten thousand times brighter than the sun and yet hurt not my mortal eyes, and he asked of me, ‘Friend, wherewith askest thou the future? It is wondrous.’

Then there was a scintillating flash of light, beyond

intense, and the Saint was gone.

I wept until I realized I was the happiest I had been in my life.

# Epilogue:

## *For Further Reading*

Some of my other recommended books include:

*Happiness in an Age of Crisis: Ancient Wisdom from the Eastern Orthodox Church*, [cjshayward.com/crisis](http://cjshayward.com/crisis).

Enjoying life is not only for easy times; this is a book about what the Orthodox tradition has to say about enjoying life in hard times (hint: *it is possible!*).

*Hidden Price Tags*, [cjshayward.com/hpt](http://cjshayward.com/hpt). This series represents an extended director's cut to my single volume magnum opus, *The Luddite's Guide to Technology*. This series represents my best work more than anything else.

*How Can I Take my Life Back from my Phone?*, [cjshayward.com/phone](http://cjshayward.com/phone). We have let phones take over our lives, but it is possible to take our lives back. This book is about how.

*The Luddite's Guide to Technology*, [cjshayward.com/lgt](http://cjshayward.com/lgt). A look at "Everything is permitted—maybe, but not everything is beneficial" in our use of technology. A big book, but probably my most interesting collection.



Probably a good next step after *Happiness in an Age of Crisis* and *How Can I Take my Life Back from my Phone?*

“*St. Clive:*” *An Eastern Orthodox Author Looks Back at C.S. Lewis*, [cjshayward.com/sc](http://cjshayward.com/sc). For C.S. Lewis fans interested in Holy Orthodoxy.

*Orthodox Theology and Technology*, [cjshayward.com/ott](http://cjshayward.com/ott). A glimpse at the person behind the writing.

*The Best of Jonathan’s Corner*, [cjshayward.com/bjc](http://cjshayward.com/bjc). A collection of works in theology, and my top-reviewed title.